ION LIFE NEWS

The very latest and best in anti-ageing technology and health.

#### Issue Five October/November 2002



...to "ION LIFE News", now in its sixth issue.

If this is your first **ION LIFE** News, we welcome you. We've tried our best to give you every answer to every question you might have on this leading edge health technology. You'll find sections on each of our systems, on getting the best from them, and sections on experiences of some of our many hundreds of users.

You'll also find more comparative information in this issue. This is because the many follow-on companies in the marketplace are doing their best to convince you that theirs is the best. Good luck to them, but we think we have the advantage of experience in the field and can therefore pass on what we have learned, to your advantage. We love our water and the effect it has had on our lives, and we love to share it.

Good Health!

Ian Hamilton, Director, ION LIFE

# For the last 30 years,

Japanese and Korean people have been enjoying the health and fitness benefits of a water technology that we in the West have hardly heard of.

Perhaps the most amazing aspect of the Ionised water phenomenon is that every day in Japan, almost one in five families wake up, drink their Ionised Water, and go off to work. Another million are added to this enormous user base every year as major companies vie to produce the best ioniser for the burgeoning local market. This is no small change. It's big business, with huge companies like Matsushita and Toyo producing the majority of domestic systems, and with hospitals across Japan and Korea using reduced, ionised water and its equally useful by-product, astringent water, every day in place of expensive drug and antibiotic regimens.

#### **Proven Results**

Dr Hidemitsu Hayashi has used Ionised water in his clinic for over fifteen years. We list the results he has observed in a survey of hundreds of patients daily partaking of Ionised water opposite.

#### REPORTED EFFECTS OF IONISED WATER

(Source: Dr. Hidemitsu Hayashi, Water Institute of Japan)

- Improvement of blood glucose and HbAIC levels in diabetes mellitus.
- 2. Improvement of peripheral circulation in diabetic gangrene.
- Improvement of uric acid levels in gout.
  Improvement of liver function in hepatic
- disease, cirrhosis of liver, hepatitis.
- Improvement of gastroduodenal ulcers and prevention of recurrences.
- 6. Cholesterol level; hypertension, angina, myocardial infarction.
- Improvement of hypersensitive disorders; atopic dermatitis, asthma, urticaria.
- 8. Improvement of autoimmune disorders; rheumatism, collagen disease, SLE.
- Improvement of so called specific diseases; Behcet's syndrome, Crohn's disease, ulcerative colitis, Kawasaki's disease.
- Improvement of malignant tumors of liver; hepatoma, metastatic tumors.
- 11.Improvement of general malaise, chronic constipation & diarrhea as well as persistent diarrhea after gastric resection.
- 12. Improvement of dehydration in infants
- vomiting and diarrhea caused by viral infection.
- Improvement of hyperbilirubinemia in newborns.
- 14. Experiences of pregnant women who took reduced water during pregnancy; almost no emesis, smooth delivery, less jaundice, good lactation, smooth and satisfactory growth of newborns.

WHAT IS IT? The future of Ionizers, that's what!

# IONPIA

Undersink Ionizing Water Filter

- Filter remains out of sight
- Minimal sinktop console
- 3 stage filter system
- Multi-choice ionization
- Filtered only mode
- Acid water mode
- All this from a small outlet on your sink.







# Health Benefits - Japanese, Korean, US & Australian Results



Health benefits of using ionized water have been reported worldwide and cover a vast range of conditions. Effects observed over the many years of use include:

#### **Improved Digestion**

Approved by the Japanese Ministry of Health as a therapeutic aid for abnormal gastro-intestinal fermentation, indigestion, insufficient gastric acid or gastric hypercidity, results reported by Australian users are similar.

#### **Increased** uptake

Nutrient uptake may be accelerated through the use of Ionised water due to its microclustered molecular formation which renders it a more effective hydrator than ordinary water. Users report better effects of colloidal minerals and usually experience detoxification within the first month. Japanese medical studies conclude that it has the ability to penetrate to every part of the body including the brain/body barrier.

#### **Improved Elimination**

Subjects drinking Ionised water reported increased bowel movement without discomfort. They also reported a decrease in the odour of faeces. Testing of urine pH revealed a change in pH levels towards alkaline.

#### Diabetes

Users with diabetes have reported a lessening of blood sugar attacks and less mood swings.

#### **Gastro-Intestinal**

Approved by the Japanese Ministry of Health as a therapeutic aid for abnormal gastro-intestinal fermentation, users report improvements in reflux, heartburn and indigestion. In the words of Australian user Rhonda Henry, who suffered indigestion for many years, digestion has improved and she is no longer dependent on Bicarb or Eno's for relief.

#### Dermatological

Astounding results have been achieved through the combined use of ION LIFE alkaline water combined with its byproduct astringent water. User Anna Heiskari was afflicted with eczema over 50% of her body for her whole life. Despite many attempts at both allopathic and alternative therapies, nothing worked untilshe began to drink ionized water and apply astringent water topically. Within one month she was completely healed.

Melanie Spears had 'lizard skin' Urticaria and CFS and healed herself of both using same technique, and Bhadra the Washington of Cairns has a similar story.

#### Acne

Teenagers suffering acne report improvement and major dietary choice modifcations after beginning Ionised water.

#### Arthritis

Ionised water appears to flush away the crystalline deposits that cause arthritic pain.Users report that pain has been banished for as long as they partake of the water.

#### MS

Australian suffering from chronic progressive MS reported a great increase in energy, revitalisation and loss of depression. Her mind became sharper and movements easier.

#### **Chronic Fatigue Syndrome**

Australian users have reported complete cures from CFS.

#### Migraine



Steven Australian Ebsworth reports a complete cessation of Migraine pain. Dr Hayashi's studies demonstrated the ability of

Ionised water to cross the barin/body threshold due to its microclustered state.

#### Asthma

One Toowoomba user reports cessation of symptoms as a result of drinking the water.

#### Depression

Users report a levelling of mood swings and general added 'fluidity' of atitude as their bodies become less acid and more alkaline.

#### Sports

Users reports confirm increases athletic output. One in Toowoomba user who is a triathlon competitor healed himself of arthritic pain and went on to win his state championship. Another claims a five minute reduction in his daily swim times.

#### **Mental Clarity**

Users report imrovements in mental state and energy. This is most likely due to the increase in oxygen content in the ionized water.

#### Children

As a rule children do not like to drink water, yet users report children actually asking for Ionised water.

#### Pregnancy

Because an unborn child draws alkaline nutrients from its mother, ionized water may be an ideal substitute for lost alkaline reserves. Unbalanced alkalinity in the mother's body is often evidenced as morning sickness and mothers-to-be may experience a cessation of symptoms.

#### Cancer

David Perkins calls the drinking of Ionized water "...one of the few effortless parts of my cancer battle plan. Before, I was trying to alkalize my body with just food, juices and supplements...alkaline water 'turbocharged' my efforts. Drinking alkaline water is one of the fastest and easist ways to achieve and maintain an healthy alkaline body pH. I also oxygenated my body while drinking the water". Phillip Day, respected author and cancer lecturer, also speaks in support of the use of Ionized water.

#### AntiAgeing

Daniel Reid, health author and longevity researcher, says that Ionised water (and air) is one of the best and most natural methods of supplying antioxidants in useable form to counter the effects of free radical damage and ageing. Dr Hayashi, cancer specialist, terms it 'the ideal antioxidant'.

Note: All claims made by users are available in original form from ION LIFE offices

"Water is H20; hydrogen two parts, oxygen one. But there is also a third thing that makes it water - and nobody knows what it is." ~D.H. Lawrence.





The Microwater Pure Porte manufactured in Japan by TOYO Industries will consistently output reduced alkaline, microclustered and antioxidant water between pH 8 and 9.5, the most beneficial pH range as recommended by Japanese researchers. It also has been tested by Sequoia Laboratories USA and shown to exclude chlorine.

It's easy on the eye, it has the largest capacity filter on the market fitted as standard, saving you money now, and in the future. It's exceedingly easy to use. It's rugged and dependable, proven over more than six years already.

(In case you're wondering why ION LIFE can offer Japanese quality at such a good price, it's because we deal directly with the Japanese factory rather than through intermediaries, just as we do with all our systems. It's also because our price reflects the fact that **ION LIFE** is the largest Ionizer direct distributor in Australia.)

# GOOD DESIGN = SIMPLICITY

Sophisticated styling, high tech safety - yet the easiest of all to operate.

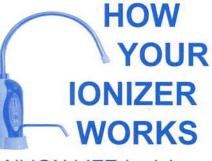
The **Toyo Microwater Pure Porte** is Australia's most popular lonizing Water Filter and for very good reason. It looks great, it's the smallest lonizer available, it boasts impressive performance, it is the simplest of all to use, and it has a proven history of dependability over the last eight years.

#### Best For:

Users who want to be able to relocate easily. Families with children. Installation Time: 10 minutes Ionization plate material: Platinum Coated Titanium Method of Operation: Continuous Flow pH Adustment Method: Push Button 3-level plus purified and acidic water output. **Electrode Cleaning System:** Automatic timed by internal program. Dimensions: 30.7 x 24.4 x 130.5c Filter Change method: Easy change via Compression Ring Hot Water Protection: Power off. High and Low Pressure protection: Power off. Water Source Connection: Via diverter valve attached to tap Filter Life Indication: Signal on Console based on computer measurement. **Filter capacity** 12,000 litres depending on water quality. Filter Material Activated GAC carbon to < 0.05 micron exclusion **Additional Features** Tested for flouride exclusion by Sequoia Laboratories USA Guarantee 1 year parts and labour







All ION LIFE Ionizing Water filters work on the same principle, proven over 30 years of clinical, industrial and consumer use in Japan and Korea.

The Water Ionizer is seen by millions of health-conscious consumers as a long term value for money investment and protection policy against ageing and ill health.

Its popularity is due to its ability to supply endless and immediate quantities of powerful antioxidant, super-hydrating drinking water that will flush away stored acid waste and toxins.

Ionized water is a powerful antioxidant because the hydrogen in normal water becomes negatively charged, creating what water researchers have termed 'the ideal antioxidant'. The role of an antioxidant is primarily in the reversal of the ageing process.

The alkaline nature of this super-hydrating water assists the body to maintain its natural alkaline balance. A hydrated alkaline cell is resistant to disease and users commonly report a reduction in seasonal disease. Diseases thrive in acidic internal environments, and an acidic body is also usually a dehydrated body. This is the state of well over 90% of Australians.

Because of Ionized water's ability to penetrate cellular membrane, linked with its antioxidant and alkaline nature, detoxification is a natural outcome of the consumption of ionized water. The small molecular cluster size makes the water extremely easy to drink when compared with ordinary water or filtered water.

#### How it Works

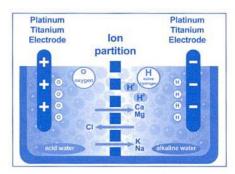
1. Water is diverted from your kitchen tap to the Ionizer by the simple flick of a lever on a Diverter attached to your tap.



2. Water enters the unit and immediately passes through

an activated carbon filter to significantly reduce impurities including sediment, colour and odour, bacteria, chlorine, cryptosporidium, Giardia trihalomethanes, pesticides, sediment, colour, odour and bacteria. Dissolved minerals of all types are left in the water.

3. The water passes from the filter to the Ionizing cell. Here it passes over an array of specially designed platinum coated titanium electrodes. A precise low current, under the control of an on-board computer, passes between the positive and negative electrodes, causing the water to separate into two streams of 'alkaline' and 'acid'



4. The minerals in the water are also separated into alkaline and acid ions. The minerals left in the 'alkaline' water include magnesium, potassium, sodium and calcium. All other non-beneficial minerals pass out in the 'acid' water.

5. The electrical current breaks the covalent bond of the water. Normally, water molecules cluster together in groups of 12-14 per 'cluster'. After ionization, water regroups in clusters of 6-8. The water is 'wetter' and able to permeate intracellular membrane far more easily than ordinary H2O. This is known as micro-clustering and is what makes the water such an excellent detoxification agent. It also hydrates the body around 6 times faster than H2O

6. In the ionization process, the concentrated minerals also become negatively charged, becoming bio-available, unlike ordinary minerals.

7. The 'alkaline' water passes out of the Ionizer through a stainless steel spout. This is the water for drinking, and its pH is selectable by pushbutton. It will normally range from pH 8 up to pH 10. 8. The 'acid' water passes out a separate hose and may be collected for use on the skin, for antibacterial cleaning, or for watering houseplants. Its pH will be in the range of 5 to 5.5.

Water flow is up to 10 litres per minute. All ION LIFE ionizers automatically clean the ionizing cell at regular intervals to avoid buildup of minerals on the electrodes.

#### Installation:

#### Countertop Models:

1. Place the Ionizer in the position you wish it to remain.

2. Cut feed hoses to size for adequate reach between tap and system.

- 3. Attach pouring spout to top.
- 4. Attach Diverter valve to tap.

5. Attach hose between Diverter valve and system.

6. Place acid water hose into sink where it can drain.

7. Plug in system to power.

8. Turn on system, press power button and run water through Diverter valve. The system will begin ionization and water will begin to flow. On first use wait for 2-3 minutes for filter residue to clear before taking a glass.

A pH test kit comes with every ionizer and this allows you to test the output pH of your water. Output pH will vary depending on the amount of dissolved minerals in the water and the input water pH. After testing and tasting, you can select the setting you prefer for personal consumption. (We recommend that you begin on the lowest setting)

#### Daily Operation

The Ionizer needs no daily attention. To use, simply turn on the tap and flick the diverter valve. Water will flow through the system. To halt flow, turn off the tap. (Note: on the IonPia undersink model, water flow is initiated and halted by the pressing of a button on the sinktop console.)

The Ionizer works on a flow sensor and will initiate filtration and ionization automatically.

All ION LIFE systems have been selected for simplicity of operation. When the filter requires replacement, (depending on the unit) you will be notified either by a flashing light, a bar graph display, or a message.

"You are not sick. You are thirsty."

\$1250



# Proven Reliability from Korea's original and largest Ionizer Exporter

Jupiter Science manufactures 80% of Korea's domestic Water lonizers and exports 80% of all Ionizers from Korea to the world.

The Jupiter Science Masterpiece may be seen in many rebranded versions around the world. Many, many thousands have been sold and installed in the USA alone. The Jupiter Science Masterpiece you see here is the original, direct from the factory.

It incorporates all of the features of far more expensive models including automatic self-cleaning, prefiltration, separate alkaline and acid output, range of pH selection, pure water only mode, auto hot water sensor, low pressure alert.

ION LIFE has installed hundreds of this unit and have found it to be a sturdy and dependable performer - by *far* the best value countertop system from Korea.

#### **Best For:**

Users who want to be able to relocate easily, users with a budget.

Installation Time: 10 minutes

Ionizing Cell

Platinum Titanium electrodes. True One-touch operation. State of the art electrolysis cell.

Programmed auto self clean function before each use. Filter replacement bar graph display.

Simple

pH and ORP multi-level adjustment.

**Choice** of alkaline, purified or acidic water by one touch selection.

Activated GAC filter rated to 4200 litres excludes chlorine, Giardia, Cryptosporidium, organics, pesticides volatiles and bacteria.

(life dependent on water quality)

Auto Internal overheating protection sensor.

Auto low pressure alert Up to 10 litres per minute flow

Dimensions 360 x 260 x 1500

Guarantee 24 months parts and labour

" I have had a Jupiter for two and a half years. It does everything I want it to." Vinnie Pinto, US

" Since I began (Jupiter) Ionized water the changes have been profound." Barbara Bond.

"A well made machine. Getting excellent results." Rob Martin, Cairns

"I know that you will love to hear that we are over the moon with our (Masterpiece) water ionizer." Tara Andre, Qld

"My fellow user Louise is 79. She's dropped ten years and all her depression. I feel great and so does the dog!" ~Col Ryan Woodstock.



# Why Ours Are Better.

There are now at least 5 Water Ionizer importers in Australia. You will be faced with a barrage of information all aimed at persuading you that each importer's system is the best. We have found that people get so confused they end up throwing their hands in the air or bowing down to the one that uses the biggest scientific terms.

So to help in your deliberations we have provided this simple guide to choosing the best unit for your needs.



All Ionizers sold in Australia are either from Korea or Japan. We have the Korean Jupiter Masterpiece, the Korean IonPia Undersink unit, and the Japanese

Toyo Microwater Pure Porte, and Pi-Water filter.

It's fair to say that at this stage the Japanese lead the way in quality, but you will pay more for the advanced self-cleaning features, the better manufacture and looks and the bigger capacity filters. All ION LIFE systems come from ISO 9001 approved plants. This is a certification of manufacturing standard that many smaller makers cannot supply. It also means adequate inspection and testing is carried out during manufacture.



#### The Ionizing Cell

The heart of your Ionizer is its ionizing cell. This is where the filtered water enters to be separated into alkaline and acid streams. Some units on the market use stainless steel electrodes which

have been found to leak nickel. All ION LIFE units employ the accepted large size platinum coated titanium plate electrodes.



#### **Cleaning System**

The Ionizing cell requires cleaning at regular intervals to maintain longevity. All of our systems employ automatic self-cleaning regimens so you need not concern your-

self with whether it has been adequately serviced.

#### **One Touch**

Some systems claim one-touch operation as an advantage. This is not correct. The 'one touch' they speak of is actually two. First, you must turn the diverter valve on the tap, and second you



must turn on the ionizer. This is confusing for children and the elderly. All of our benchtop systems only require you to turn the diverter valve to get ionized water. Our undersink model

only requires one button to be pressed to turn on the flow.

#### Range of Ionization Settings



Some newer salespeople claim that many alkaline settings are a good thing. However we have found that 3 is quite sufficient and more only lead to confusion.

We do not recommend high settings for cooking. In fact we recommend that you use 'purified only' water when cooking and alkaline antioxidant water at all other times.

#### Installation



Except for the IonPia undersink, our ionizers do not need a plumber to instal them. They simply attach to the tap using the supplied diverter valve. they do need a power supply close by.

The IonPia undersink unit requires a Tee junction to be installed and also requires undersink power.

#### Spout



Some Ionizers have spouts. Others return the water to the tap via plastic hose. These units look neat but users have problems when they have a full sink

and can't get a glass under the tap. Other units have plastic spouts that are not good for health or maintaining negative antioxidant energy. Ask before you buy.

#### Filter



All ION LIFE systems use activated GAC or granular activated charcoal, the world's most used and accepted water filtration medium. Different units have different lifespans.

(See our page on filters) The Japanese systems have larger capacity than all Korean ones but cost more to replace. (With one exception; one Japanese unit has less capacity than other Japanese filters and costs more than all the others. Always ask!)

Note that some sellers claim 0.1 micron filtration. This will certainly filter finely but we have found that it will also clog the filter and drastically reduce usable lifespan. We know, because we once sold them.

We do not recommend backwash filter systems except in our shower filter as they allow polluted water to enter your drinking water filter.

In some areas (tank water) it may be advisable to use a prefilter to remove sediment and extend filter life. Activated cCarbon filters will remove chlorine, trihalomethanes, chloramines, organics, taste and odour, Giarda E-Coli and Cryptosporidium, and bacteria depending on water quality and usage.

#### Simplicity

Operating something as basic as a water filter shouldn't be hard. All members of the family should be comfortable with it. Many systems now on the market make out that extra features and therefore extra complexity of operation is an advantage; it is not, and we have already replaced some of these 'new improved ionizers'. We have also recently reduced our product range for this reason. All ION LIFE systems are simple to use and simple to instal.

#### Pedigree

There are, at last count, 16 Water Ionizer makers in Korea and the same in Japan. Many of these makers are now trying to expand into Australia.

Ask how long the system has been in use, how many units have been sold, and whether it has been modified since its original design. On one newer unit, turning on the tap without turning on the power will cause pressurization of hoses not meant for it. This can mean an explosion of water in vour kitchen.

Also ask about whether the company makes ionizers only or is involved in other business areas. Many Korean corporations have begun Ionizer manufacture to bolster their main business activities. Beware also of companies that claim they are sold in large numbers of countries. If in doubt, ask for proof.

Be also aware that some sellers claim their models are 'professional' or 'practitioner' models. in order to claim higher value. An Ionizer is a simple device. You need not pay more for a 'professional' model. It will not benefit you in normal home use.

#### Guarantee



ION LIFE has been in the marketplace longer any than other water ionizer importer. and have

been able to secure distribution rights to systems that have demonstrated long term reliability. Unfortunately, some smaller manufacturers like to test their systems on the buyer. Others manufacture Ionizers as a second-line business, so the buyer may need to exercise caution in claims of continued guarantee support. All of our systems have a minimum 12 months' parts and labour warranty. If anything seems wrong, you need only send the unit to us and we will test it, repair it and return it to you.



# **My Experience** with The Magic of Ionized Water!

My name is Graham Cotter. I am a reformed "Acidoholic" due to the influence of lonized Alkaline Water

For the past 13 years increasing allergies, and has plagued me; and made life very difficult! The entire time has been a pursuit of finding answers to a problem that became more complex, and debilitating, as the years passed! With a long history in the health industry I had access to a lot of therapies; there was nothing I didn't try herbal medicine, homeopathy, colonics, vitamins, mineral, diets, juices, acupuncture, massage, Chinese massage, exercise, Reiki, spiritual healing. The doctors always seemed surprised that I was still alive every time I went for a visit!

Ever since I was 12 years old I have looked at alternatives to mainstream concepts. My long association with the Eastern Philosophies finally opened the door to at least understanding the underlying cause of my condition, even if I didn't have the means to bring about a cure. For a long time I had been looking at the Principles of the balance of Alkaline (Yin) and Acid (Yang) in the Body. Yang is active by its nature and is short term, and Yin is passive and long term. The key to me being around for the long haul was to get Yin, otherwise I would soon run out of Yang, and become Yin in a manner that I didn't like. In other words it was "Get Alkaline or Die!"

Our diets are predominantly acid ash producing; most grains, proteins, some vegetables, and most sugars produce an acid state in the body. Toss in some stress, medical drugs, and the pace of everyday living, and most of us could dissolve nails in our mouth. Not to mention the damage to teeth; mine were going faster than free prawns at the local club!

I did saliva and urine tests with litmus paper, and my readings were not much different than vinegar. I was really acidic; I had the potential to pickle onions in my body fluids! From my searching I understood that healing only takes place when you are in an alkaline state; and as I was in an acid state, I wouldn't begin to heal until I got alkaline. I was determined to get alkaline;

besides I didn't like the prospect of looking at a set to 0. We all have had symptoms of detoxifying, but of plastic teeth in a glass every night!

Deep breathing creates an alkaline state in the blood, and I think I have recycled most of the air on this planet at least twice. I read that cold creates a temporary alkaline state in the blood; cold showers were the order of the day ... until winter struck. Standing naked under the shower, waiting until the feeble rays of the sun actually melted the ice in the pipes enough for a trickle to turn me into the blue man, didn't take long to lose its appeal!

I have read Herman Aihara's book "Acid and Alkaline" and it is an excellent guide to understanding the nature of Acid and Alkaline. In it he mentions that "Wakame" (Seaweed) is extremely alkalizing to the body; so!!!!!!! Have you ever eaten slimy spinach, which tastes like iodine, and cannot be disguised, no matter what you do?

I have used this method for a number of years: it helped with the acid, but didn't help with the allergies; which by now had grown into a list requiring a lot of paper!

Chronic Fatigue and IBS had become part of intolerances to food and environmental influences, my life! Only My Qigong and Martial arts training commented how much better she is, and how much gave me the strength, and willpower to keep going.

> I had been drinking spring water for years to avoid Chlorine, and Fluoride; well aware of the benefits of clean water. Water Ionizers had previously caught my attention; I knew they could hold the answer to my problem; we all have to drink water, so why not drink alkaline water, with all the other benefits that these machines offer? However due to my inability to work, or even get a seem to get any where near as tired as he used the question.

Until the Universe stepped in and lent a hand!! The air conditioner in the car died, and we had an offer from a wonderful friend to fix it. We decided to put up with the heat, and choose instead to make the best investment in our health we had ever made: A Jupiter Masterpiece Water Ionizer! I contacted all companies selling the Water Ionizers; they were all helpful, but there was something extra special about the people from "ION LIFE"; Ian Hamilton, and his lovely wife Cassie!

Ion Life was that they didn't try to sell me the dearest model. I actually was going to buy one of their more expensive units, but lan advised me to go for the Jupiter, which would suit my needs, and my life regarding my health, this would have be was cheaper than what I had originally wanted. Ion Life does business with integrity; an attribute that I rate very highly!

have been nothing short of amazing. After a week for your health.. for the rest of your life! on the water I drove non-stop (14 hours) from Brisbane to Sydney, and felt fine - which was unusual as before I would walk to the shop and need a rest, before coming home!

I am getting stronger every day and my saliva levels have gone from 4 to 7 on the PH scale! Recent tests on a "Listen Machine" have seen the readings on chemicals, and allergies in my body fall from a previous 90 to 5, and my wife from 60

the information supplied with the unit, and the support from lan has been excellent! He has been in the business a long time, and his expertise really shows!

My wife has had a difficult year, moving to OLD to care for her sick mother and then dealing with her passing with a brain tumor. Her health suffered badly from all the stress, and she became extremely ill and dehydrated; we nearly lost her as well. In the 2 month she has been drinking the water she has improved dramatically; she looks like she has dropped 10 years off her age, and her skin is starting to look really good. The back pain that she has had for a long time is rapidly improving; no doubt due to the excellent rehydrating properties of the micro alkaline water.

Besides drinking the Water ourselves, we have been supplying the neighbours, our sister and brother-in-law, as well as our niece, and her husband, who live downstairs! Margaret, our next-door neighbour, has been in and out of hospital with bowel problems since they moved in 8 months ago; but all that has stopped since she had been on the Water! Her husband has better he feels, and their son, who has had a long history of illness, and a compromised immune system, is full of energy. Not only does he mow their lawn, he even wants to mow the lawn next door, and mine as well, without a rest!

My brother-in-law couldn't walk properly due to gout in his feet; now you wouldn't think he ever had a problem.

He has heart problems; and diabetes, but doesn't decent income, this was something that was out of too. His wife's asthma is much improved they both look better, and have more energy. He says it's the best water he has ever tasted!

My Niece and her husband, although quite young, say their energy levels have improved. They are definitely looking better!

Whether I am looking better remains to be seen (something about "Can't make Silk Purses out of Sows Ears" is often mentioned) but I am definitely feeling better and that's all that matters! I still have a way to go; I am getting more Alkaline, and I still have some healing to do; but if I have improved this much with just 2 months use, what One of the things that really impressed me about will I feel like in 6, or 12 months! The water tastes fantastic; is "soft" to the palate, and doesn't bloat vou when vou drink a lot!

I would say that of all the things I have done in absolutely the best thing I have I done ... By a country mile! If you are serious about getting well; and staying that way; then a Water Ionizer is The results in the 2 months we have had the unit one investment that will pay really big dividends

> Everything I have written is from the truth my own experience; and I am fully responsible for all its content!

Feel free to email me at: moriarty8@bigpond.com, Yours in Peace, Health, Harmony Graham Cotter.

# FILTERING OUT THE FILTER FACTS

### An essential part of your decision is the type of filter your Ionizer employs.

The most accepted and widely used water filter on the market worldwide is the silveractivated carbon system. This uses high grade carbon and impregnated silver, with antibacterial, antifungal, and antiviral properties, killing over 650 types of known disease organisms and enhancing your immune function. The silver is permanently impregnated into the carbon. None ever escapes. The carbon absorbs and filters chlorine, taste, odour and colour, as well as trihalomethanes, volatile organics, chromates, sulfates, lead and pesticides. These filters have the advantage of being relatively inexpensive and dependable. This is the type used on almost all Ionizing Water systems today.

#### What does it really cost?

It's hard to pry actual figures from some sales people, but the rated throughput is an important figure, allowing calculation of actual cost per litre.

AKAI	6000L	\$1941
IONFARM	4200L	\$1993
JUPITER	4200L	\$1460
PURE PORTE	12000L	\$846
IONPIA	6000L	\$1095

The table below shows comparative capacities, and usage costs of systems currently available in Australia. (*Prices may change.*)

As can be seen, filters have a large effect on running costs. Some filters cost more than <u>double</u> others.

#### **Pre-Filters**

Some sellers are recommending prefilters with their systems. This can be a bonus, but may also cover up the fact that their filters either do not last very long or are 'too good' at filtration.

Filters below .5 micron have major prob-

lems even with municipal water because they are too fine and block up very quickly. The addition of a prefilter in this case is not a bonus but a necessity. In our experience, without it, filters may clog up in as little as a month.

To install a prefilter out of sight will mean cutting a hole in either the edge of your sink or your kitchen bench so the prefilter can be installed under the sink.

A pre-filter will indeed prolong the ionizer filter life, but it will mean your ionizer will attempt to tell you to change its filter when it is not spent.

One seller advertises 'natural ionizing', meaning that their filter does not use electricity. Don't fall for it. You need electrical energy to separate the two forms of water, and we have tested these systems and have never found any antioxidant effect. They also claim long filter life through daily 5 minute backflushing. We do not include this filter in this study because (a) backflushing leaves polluted water in the filter and (b) it does not have the ability to ionize.

One system uses UV as an adjunct to their low capacity filter. However it has been found in a study by the University of South Australia that high bromate levels have occurred in water bottling plants using UV as a disinfection method. Even with no UV, Ionized water actually sterilizes output water anyway. Tests carried out by Jupiter Science show a change from a count of 1400 bacteria to zero within one hour.

If your filter is overdue for a change, your UV lamp is no protection against chemicals, heavy metals and other pollutants that have accumulated in the filter passing through. We recommend that you change filters sooner rather than believe that the UV lamp will protect you.

#### **Conclusion:**

A little careful inquiry now will save a great deal of money later, and also perhaps save the look of your kitchen.

ASK:

How many litres will

your filter process?

What micron rating is it?

How much does it cost?

Do you recommend a

prefilter, and why?



MASTERPIECE

PURE PORTE AKAI IONPIA ION FARM





# GOODBYE CHRONIC FATIGUE!

"I wanted to tell my story, in the hope that other people who are suffering from a chronic skin condition can gain hope!"

In September 1996, I decided that I wanted to remove the amalgam fillings from my teeth. My reasons were partly health, and partly vanity.(I wanted to be a singer, and believed that a mouth full of metal was unsightly).

I wasn't aware at that time of the precautions necessary for the safe removal of mercury. Nor was my dentist in fact, and he proceeded to remove six fillings in about two days without damming my mouth, nor providing adequate supplementation.

Within about four months, I was confined to bed with a sickness that could only be described as hellish. My body and face had swollen up. My skin became inflamed and I developed urticaria which is a honey like serum that oozes from the body like water, and then dries and sets like toffee. I had absolutely no energy and by this time, was unable to digest food.(phew, all in the name of vanity!)

I saw my local GP who prescribed 50mg of prednisone daily. He didn't know what was wrong with me. Nor did any other Naturopath, skin specialist, immunologist, allergy specialist, Chinese herbalist etc etc etc.

My employers noticed how unwell I had become, and politely asked for my resignation. I had become completely dependant on my family, for financial and physical support. I was in breakdown!

I then decided pull out the big guns and contacted The NSW Environmental Medicine society in St. Leonards, Sydney. I saw Australia's leading, published Chronic Fatigue specialist. \$500 later, and a bag full of supplementation, my mother and I travelled back to our home town, Bathurst, with the belief that I was on the road to recovery. The opposite happened. I became worse!

After commencing the treatment, My anxiety levels went berserk. I no longer had a sleeping pattern. I spent from 2am to 4am in the bathtub. I became acutely depressed, and withdrawn from the world. I had to forego my country farmhouse, and return to my parents house, out of fear that one night I would silently pass on!

This very bleak story continued on, for about two years. Occasionally seeing yet another healer, or health professional, gaining hope, then surrendering to the fact that nothing was changing.

In October, 1998, I moved to Byron Bay, seeking healing. I became involved in really bizarre spiritual pursuits. I formed the belief that I must have been an evil person, and was therefore "burning in hell"....literally! I changed my name, surrendered to God, and still, no healing!

I managed to learn to cope with my condition, and became more aware around food and the importance of organic. I was drinking at least 5 litres of water per day, but it was sometimes hard to get it down.

I became a little better month by month, But certainly, nothing was happening in a hurry.

In February 1999, I had a breakthrough. My good friend Mark offered to take me to Indonesia for a healing journey. I went on an intensive bowel cleanse, with daily colonics and fasting. I started urine therapy, and ate a beautifully alkaline diet of organic Pawpaw, banana, coconut and Vegetables. All this combined with daily massage, and weird Indonesian healing concoctions for the belly.

For the first time in three years, I felt energy returning to my body. Unfortunately, my condition deteriorated immediately upon my

### So please, If you are suffering (and lets face it, we are all suffering on some level) ... drink the water!

return to Australia. We had torrential rainfall that year, and my house became mouldy. I had severe physical reactions, and began to sleep in the bathtub again.

I should also mention at this point, that during the whole experience, I would regularly break out in the herpes virus, which would infect my inflamed skin, and spread all over my face. It was a really painful and unsightly experience.

I continued this struggle for another 18 months, trying to balance work with rest, with detoxification, until finally I could not proceed any longer. I left my job and gave up despite huge fears about money and survival. (which is hugely ironic as I was barely surviving anyway)

I began daily rituals of meditation and singing. I asked God everyday what he wanted me to do next. (sometimes it was going back to bed). In a very short amount of time I was guided to call a man by the name of Ian Hamilton. I was told he had a machine that could help me.

I told him my story and he was hugely compassionate and at the same time very excited. He believed that his water would help me! I wasn't convinced, as I had done everything humanely possible costing a fortune, and here was a man telling me that I may get better just by drinking his water - which was free!

I took two litres of ionized water home and I drank it. Something profound happened. I felt....Normal.

I went back the next day and asked for another bottle. By the third day, the inflammation on my skin had subsided but quite honestly, by this time I was no longer obsessing about my skin because I FELT OK..

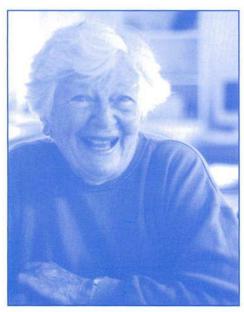
After a week, the flakiness had disappeared, and after a month my energy had stabilized.

All this for drinking two litres of water per day! It was such an easy road to recovery. Especially since the water tasted so good. My body just wanted it.

It's been nine months since first drinking the water and I have had no relapse. I have returned to work, manifested a creative and supportive relationship and travelled to Uluru for two months. I feel free.

So please, If you are suffering (and lets face it, we are all suffering on some level).....drink the water!





# BARBARA BOND:

"A Case of the Whatchamacallits" I'm 80 years old, and began drinking Jupiter water for about a year and a half.

At my age I have come to expect that getting up in the morning is a chore and that energy is not something I have a great deal of. I am also aware that my memory has been going from bad to worse. My kids call it my "Whatchmacallit" syndrome as my sentences slowly fill up with forgotten words.

Since I began lonized water, the changes have been profound. I walked from home to the beach, 2 kilometres along the beach, and up about 60 steps to a lookout. My kids were amazed, but I didn't even think about it. The energy was just there!

"Since I began lonized water, the changes have been profound. I walked from home to the beach, 2 kilometres along the beach, and up about 60 steps to the lookout."

I have had a recurrent eye infection for a long time and it has cleared up. My inflamed gum, another long term problem, has also greatly improved, and my tinea underwent its own 'healing crisis" and appeared to dry out from underneath the skin. My memory, my kids tell me, is much, much better, and that's a wonderful thing for me, having seen my sister succumb to Dementia. I am more aware of my food. I am aware of my choices and have stopped the 'hungry ghosts' ~ my need to nibble. I believe that the way the Jupiter reduces the molecule size of the water has helped my brain to re-hydrate. So many older people drink far too little.

I read about a doctor specialist in Geriatrics who healed his patients through getting them to drink water. That's true, but the water most of us drink, even filtered water, is nothing like as easy to drink as lonised water. I drink it and love to drink it. It restored my 'natural' thirst, and I only realized I had lost it when it came back. I think as a nation we are all dehydrated and all acidic overloaded. If this water was available through our taps this country would be a very different, healthier one than what it is today.



## ANNA'S FIGHT WITH LIFELONG ECZEMA

I've been using my Water Ionizer for a year and a half now. I just don't drink any other water if I can help it. I can really taste the difference - it's either alive, or it's dead water, and my water is alive! I can feel the effects immediately. I feel very clear and sharp.

Now I'm working with ION LIFE it's wonderful because I'm helping people all over Australia - and the world - and there's nothing I want to do more than to be of service to people. Whoever gets lonized water or air is reaping the benefit of my advice and assistance, and that feels great.

I've been a Kinesiologist for the last 15 years and I've also studied Naturopathy and we have many other Kinesiologists and Naturopaths also using lonized water and recommending it.

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When I test people for their body's natural preference in water, it's always positive for our water, be it liver or kidney disfunction, headaches... I isolate that body circuit and test it in a way that no other interference can come in. I also pre-test the patient's body to make sure it can't lie to me. Take headaches for example. We are dealing directly with the body through muscle testing about headaches and nothing else. Then we offer the body choices for healing and it gives us feedback on the exact substance or mineral it is in need of. The patient doesn't see what I am testing them for, so it is only their body that responds. This cuts out all the possible addictive tendencies or opinions about food or drink that they may superimpose on their body.

It's my belief after seeing so many patients that the reason their bodies invariably choose lonized water is because of the hydration factor, and its ability to rid the body of toxic wastes and acidity, allowing regeneration to take place. Ionized water <u>always</u> tests positive. The body wants it. My whole family is on the water, I cook with it and we also use the astringent water for washing our faces and rinsing our dishes. It all gets used.

My daughter has always been a bright kid, but since last year she is excelling at school. She has after school tution at least six days a week, in music, horseriding, sport - and I can really see the difference in her mental alertness. I'm quite sure the extra hydration is helping her brain function.

My eczema, that covered 50% of my body for all of my life up until I found the water, is still completely gone. It disappeared a month after I began drinking the water. I'm not taking any supplements any more. As a Kinesiologist and studying naturopathy, I was always a strong supplement believer, but now I find I don't need any of that. At IONLIFE I'm having people with many chronic health conditions calling me up. It's interesting to see that some of them are actually scared of healing. I can only say to them that in order to allow healing to occur you need to be totally certain that healing is what you really want. If there is a slight investment in being sick, any hanging on to that specialness that sickness gives you, you will remain sick. That's the power of your mind, and it's the power of your mind that will allow the healing to occur.

I've learned a great deal since beginning with ION LIFE, but the one big one is that lonized people are happy people!

~ Anna Heiskari

\$1750



THE

# FUTURE HAS ARRIVED

The purpose-built IONPIA undersink Ionizer treads lightly on your kitchen benchtop.

Only a sinktop console and spout is visible, all the filtration work takes place under the sink in the filter unit.

Perfect for that new kitchen, or for anyone who values the best in modern health technology, the IONPIA has all of the features, coupled with the signature ION LIFE simplicity of operation.

One touch turns on your selected ionization level, one touch turns it off.

**BELOW SINK** 

ABOVE SINK



# specifications

Power consumption at max electrolysis 150w Electrical Protection: Internal 2A Fuse Dimensions: 312mm x 140mm x 350mm Operational Water Pressure: .5-6kg/cm2 Processing Method: Continuous Flow pH Adustment: 4 levels alkaline 1 acidic 1 pure user adjustable. Processing Capacity: 4L/m Auto Electrode Cleaning after each use Electrolysis Chamber: 100% Platinum coated titanium. Filter life: approx 6 months at 30L/Day Auto filter life indicator Filter Type Activated carbon (GAC) with 2-stage prefilter Auto Overheat protection

# IONIZED WATER: WHAT TO EXPECT

Although the benefits of drinking Ionized water are many, its effects on you will always depend on your own health state.

For people severely depleted of oxygen, their first glass may seem like the elixir of youth. My first few days on the water were filled with energy. I went to bed late and actually awoke at 5am *full* of energy. Today we know a percentage of people are just like me, and that they will have an immediate uplifting effect.

One drinker claimed he even had a 'spiritual experience', while another, giving his water to all of his friends, claimed that it 'opened them up emotionally'.

Generally, there are stages that we have observed. These are:

 Urine may become darker and smell acidic as the kidneys process acid toxins released from the fatty deposits. This may continue in cycles for months as your system steadily detoxifies. This is the result of 3 factors:
 (a) the microclustered water is able to penetrate tissue where other water

could not.

(b) the antioxidant negative hydroxyl ions unite with free radicals and waste material, flushing it away as water.

(c) the alkalinie water is neutralising acid waste.

2. Digestion problems you have had for years, may disappear. Symptoms including chronic heartburn, indigestion, constipation, diaorrhea or irritable bowel syndrome may disappear within the first month. *Please note: if they persist, we advise consulting your doctor.* 

3. Stools may smell far less due to a more complete digestion. Odour is caused primarily by undigested putrefying food matter that degenerate into indoles, phenols and scatoles, considered carcinogenic.

This phase is what we call the 'honeymoon' period. A body that, in my case, has been accumulating toxic waste for half a century will not cleanse itself in a month even with Ionized water. Many of the effects reported after this period are far more profound and include lowering of blood pressure, elimination or reduction of symptoms of chronic fatigue, migraine, diabetes, asthma, arthritis, obesity, and many, many more. We also understand that early effects are often related to the simple change from drinking more water, but the major health changes we have witnessed go far beyond mere hydration.

We are now convinced, after studying the research of Drs Shirahata and Hayashi that Ionized water is a very effective and practical platform for anti-ageing. An abundance of antioxidants in the form of the powerful and primal negatively charged hydroxyl ion would cost hundreds of dollars a month if we attempted to get the same amount pharmaceutically, yet we are receiving it in every glass we drink!

Users also choose Ionizers over the non-powered alternatives becaue of the 'byproduct' acid water. This water is also microclustered like the alkaline water, so with topical use it will penetrate deeper than H2O. We collect this water in a bucket in our 'rinse' sink, and use it daily because of its antibacterial qualities. Its pH of around 5 to 5.5 restores the natural balance of our skin, so we use it as a facewash, an eye rinse, and for our hair. In a recent study it was found that 2 out of 3 Australian kids had some form of eczema. No wonder! They use alkaline soaps daily! Alkaline is for drinking, acid is for washing. Your skin will soften and become more flexible, your hair will become more lustrous and thicker.

Acid water is also very effective for acne, because it halts infection.. As we have detailed elsewhere, coupled with alkaline water intake, it may have a dramatic effect on psoraiasis and long term eczema, athlete's foot etc. We have an amazing video from Japan showing a man cured of gangrene through the drinking and bathing of ionized water. In fact both forms of water are used daily in hundreds of clinics and hospitals in Korea and Japan, and over a thousand clinics in the USA recommend and use Ioized water.



# WHAT PEOPLE SAY: ION LIFE WATER IONIZERS

"After purchasing our lonizer five months ago I have been drinking 3 to 4 litres daily. We found the Bathurst water supply had a consistent pH reading of 7, so we started off on the lower setting,

drinking alkaline water with a pH of 8. We then progressed to the higher settings and have been consuming pH9 ever since.

Prior to the water I had aches and pains in my knees which I suspected to be ligament or cartilage damage after a long sporting life. This eventually dissipated and when I visited my Naturopath yesterday he confirmed, via his computer iridology scan, there was no longer any visual signs of uric acid in the body. It's great to be able to run up and down stairs again without hindrance. He also showed me the fibres in my eyes controlling my kidneys had improved, and these were more clearly defined, indicating better organ functioning. I advised him my candida had also improved and he confirmed this by showing me that the discolored spots (mucus) around my eyes had lightened since my previous scan.

My wife Rhonda had suffered from indigestion for many years before drinking the alkaline water. Her digestive system has improved and she is no longer dependent upon Bi-Carb Soda or Eno's for relief. She has also noticed improvement to her knees (also problems due to sport) and we have both lost about 5k in 5 months, mainly around our waistlines. We found a glass of water quickly suppressed the appetite and stopped us snacking on inappropriate food between meals. The antioxidant water has proved very addictive and it made us crave for more. Rhonda recently commented that we haven't had the dreaded hay fever this year (first time for 20 years), thus no drugs have been required for relief.

After recently completing a course of external chemotherapy (Efudix) to treat skin cancers, I found the healing process to repair the skin more rapid, after treating my internal system with the alkaline water (anti-oxidants), and my external body with the acid water (astringent). We have also been using the acid water on our garden and indoor plants. As the Bathurst climate is very extreme it is difficult to grow azaleas, but the acid water is doing the trick. Our indoor peace lilies have bloomed for the second time in six months, (an annual occurrence only prior to Jupiter watering). The acid water is also proving a good pesticide for the "vegie garden", eliminating the use of those nasty chemicals, which previously found their way into our bodies and did untold damage.

We say,God Bless those who help themselves to better health by being Water Wise

Bob & Rhonda Henry New South Wales.



### REPLACING MY REVERSE OSMOSIS

water purifier with a Jupiter MASTERPIECE lonizer four months ago has been one of the best investments in my health that I have made. I used to wake up with a puffy face which would take 2-3 hours to go away. I no longer have this problem. My eyes are clearer and brighter, my skin finer in texture, and I sleep soundly at

night, no longer waking up with insomnia. I now have the kind of energy which gets me through a very stressful job, in which I often do not have the time for a break, often working 9-10 hours straight.

It is true that this water is not 'heavy' on the stomach; I'm able to drink without difficulty. Since changing my drinking water I have also lost about 3kg, and this being during a period where I actually reduced the amount of exercise I was doing! When I work out with weights, and drink up to a litre, my recovery is impressive - I no longer suffer the kinds of aches previously felt.

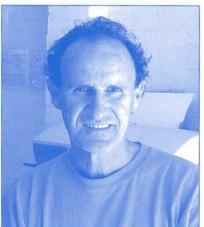
Macushla Boyle, QLD

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# Introducing ION LIFE

If you're deciding on a future health option as important as Ionized water or air you need to know who you are dealing with. Will they be here tomorrow? Will they service you adequately? Are they just saying their system is the best because it's the only one they sell?



"I remember the first time we tasted lonized water. My partner, Cassie took one sip and said "This is right!" Ian Hamilton Managing Director,

ION LIFE Pty Ltd. Age 54

"My wife Cassie is a very sensitive person in relation to food and health issues. She senses rather than works out what is good, and I have come to trust this ability she has. Of course, since that time we have witnessed many people having "Aha!" moments with Ionized water. Our friend Lois Hunt, local radio presenter rang. She had tasted the water at her local Doctor's surgery and exclaimed, "One glass and I felt like a teenager!"

Melanie Spears was another. After years of debilitating Chronic Fatigue and Urticaria, she drank two litres and said "I have to have one." She *knew* it was what her body wanted.

Since we began we have learned a great deal about Ionization, even though there is always more to learn. We have sold hundreds of water Ionizers and my one regret is that I haven't had the time to follow up on every user's story. These days we get stories coming in by email, like Jacqueline Ward's mail telling us how she is outlasting fellow workers years younger. We've also learned that all Ionizers are not the same. We now have a full range of Ionizers that allow you to choose the one right for your own needs, whether they are low cost, undersink or countertop. When you import Water Ionizers from overseas you never *really* know how a system will perform until it's out here, and we have, through experience, the most dependable units on the market. We know this because we've sold more than anyone else and we've been able to monitor performance over the longest period of any importer. We choose systems based on:

(a) reliability

- (b) performance
- (c) manufacturer profile.

The simple fact is that all electronic Ionizers on the market will ionize water. Ionization is a simple process if designed properly. It's only a question of whether your chosen unit will continue to do the job and whether the manufacturer will continue to support you. We represent the largest Ionizer manufacturer in Korea and in Japan, the massive Toyo Corporation. We've stuck with them and they have supported us to this present time where we are happy to say we supply more ionizers than any other importer in Australia.

As to my own experience with Ionized water, I can say that apart from all of my aches and pains in my joints (I am 54) being a thing of the past, I have actually changed from basically 'manic' to far more calm, and I can see no other cause apart from the water. Herman Aihara, father of modern macrobiotics says that alkaline means calm, and I agree. Life is simply much better with the water."



"We are saving lots of money every week." Cassie Bond, Admin. Manager, ION LIFE Pty Ltd

"It's been wonderful to watch people as they start on the water and my biggest reward is still hearing how Ionized water or air has changed someone's life after years of suffering. It's been hard work educating people to a totally 'new' concept of water and air and it has also been amazing to see how fast other systems popped up in the marketplace after us, claiming all the same benefits.

We have been helped enormously along the way by many qualified people, especially doctors, who have said 'Stay with this. It's what we all need. Everyone is acidic!" We have also been able to look more closely at the way people live and have come to see that Acidosis may even be seen as a form of addiction. So many people are toxically acidic that it's considered normal to be depressed, angry, off colour or subject to every new bug that comes along, but we haven't had a cold or flu in the family since we began drinking the water!

It's also been an eye-opener about hydration. I can now see that not only are almost all of us acidic, but we are also severely dehydrated. Longevity expert Dr Abram Hoffer tells of an old man in a clinic in Canada who was given shock therapy. He was so under-hydrated that the ECT couldn't work because his body was so dry it couldn't even carry electricity!

Now that we drink Ionized water every day, we drink far more – just because it's *easier* to drink than ordinary filtered water. Personally, I feel far 'juicier' than I ever felt before, and I think that must be because of the microclustering of the water. It's smaller so it hydrates much more than tap water. My body certainly asks for it - something that never happened before.

We are saving lots of money every week. Firstly, now that we are able to drink two litres a day we're not drinking all the 'thirst substitutes' that we used to buy. Secondly, we've found that our dietary preferences changed as we became more alkaline. It's not that we choose through logic - our bodies just prefer better foods.

Ian is easier to live with. he has definitely changed his mental state. He's much calmer and 'flows' like the water."



# THE BIOMEDICINE GEOMED AIR ENERGIZER ~ A World first



The Australian built GEOMED has confounded an industry that thought it knew all the answers. With its unique delivery system it takes air ionization from a room-based dust catcher to a full therapeutic system.

In 1996 scientists, doctors and engineers under the leadership of Dr. med. Dommermuth of Germany presented a genuine innovation in the area of ion research. The group developed a compact inhalation machine that prepares air ions using normal environmental air - consisting of 21% oxygen and 78% nitrogen - medically purified by means of a HEPA filtering system and then made into highly active oxygen and nitrogen ions. These ions can be breathed in pleasantly and comfortably through a hose system and have outstanding properties that act upon the human body.

In numerous experiments it has been shown clearly that the supply of negative air ions in concentrations greater than 1,000,000 neg. ions/cc/sec has many positive effects on the human body.

On the one hand, the body needs both oxygen and nitrogen - but on the other hand it is vital for life that these oxygen and nitrogen molecules be charged with negatively electrons. A shortage of these natural air ions leads to may complaints - tiredness, exhaustion, depression, headaches and numerous diseases. It is not for nothing that researchers also describe these ions as 'vitamins of the air'.

Oxygen and nitrogen can only be metabolized if they exist in ionic form. The body needs the oxygen ions activated for the supply and conversion of energy. Without this form of energy, no cell in the human body can survive. Any deficiency or illness goes hand in hand with a defect in certain cells. For diease to be eliminated the 'energy metabolism' must first be normalised to fulfil regeneration imperatives

Up until now no system has been able to supply both oxygen and nitrogen negative ions in a purified natural balance. Although we know the benefits of oxygen, few people are aware of the benefits of negatively charged nitrogen, including regulation of the blood system, circulation stimulation, and increased production of macrophages which reach all sites of infection and neutralise germs.

The GEOMED outputs an amazing five million negative ions per cubic centimetre every second. Although one cannot 'overdose' on negative ions, this output, coupled with its unique delivery system, assures the user of maximum effect for both health and wellbeing.









# WHAT PEOPLE SAY: THE GEOMED AIR ENERGIZER

#### ASTHMA

"For approximately four months I have been using the air energiser from GEOMED. Since using the machine I have not had an asthma attack. My cancer is in remission I have a general overall feeling of well being and must attribute this to the air energizer machine. Jeanette McKay Ph: )7 33911634

#### WOUNDS

"I have been treating infectious wounds with a range of GEOMED air systems

for over 3 years and have been surprised and delighted with the "My clients and I results ahieved.

A client had her breasts removed and the wound infected for 12 months. After treatment external and by inhalation with the air system over a 2 month period the wound and infection had totally healed.

Another client of mine had had an operation on his leg 15 years ago and a germicidal ulcer that would not heal. After 3 months of treatment the wound has healed and there was no more pain. Medication was no longer needed. I successfully treated a woman who had a bad infection all over her face and antibiotics could not help. After 3 weeks of daily treatment the infection was II cleared up.

Some of the people with illnesses that I have helped range from common colds, asthma, blood pressure, fluid retention, etc. I have had success with many wounds, i.e. golden staph, decubital gangrene, septicaemia, pressure wounds, burns, injuries etc.

My clients and I could not be more pleased with the results achieved.

I highly recommend the GEOMED BIOMEDI-CINE Air Energizer and would be pleased to help and advise with treatments using these wonderful systems."

Huon King, (Health Centre, 0755243464)

#### ASTHMA

For over 20 years I have suffered mild **asthma**, with congestion and difficulty in breathing in the mornings - particularly during the cooler months. At times I have had to use a 'puffer'. Since using the machine, practically from day one, my breathing has improved fantastically - I breathe deeper and without any difficulty. My snoring has disappeared - so long as I use

#### PAIN

For many years I have (also) suffered **swollen and painful joints** in the hands, legs and feet. This has disappeared with the machine, and there is, for example, no swelling at all in my finger joints - I can again wear my wedding ring, which I have been unable to wear for years.

Arteriosclerosis has also been a major health problem for me, and thirteen years ago I had by-pass surgery performed on both legs, with severe aneurisms being removed. In more recent years - and until I bought the machine, my mobility was restricted, pain had returned to both legs, I had no mobility in my feet, and I was afraid that I would have to consider facing further surgery. However since using the machine, all pain has disappeared, I have considerable agility in my feet and legs, and I can feel the blood pulsing through my circulatory system. Already I truly feel that this machine has saved my life.

#### CANCER

I have also had a minor brush with **cancer** in that a small tumour was cut out of my hand and a pathological examination revealed that this was an active squamous carcinoma. The wound required several stitches, which were removed after seven days, and ten to twelve days after surgery, the wound

had completely healed - virtually without trace. This is quite remarkable, particularly as I suffer from diabetes, and healing is usually much slower with diabetics. Again I give credit to the machine for assisting with my speedy recovery. John Johnston Camp Hill Qld

#### CHRONIC FATIGUE

Two years ago I collapsed with Chronic Fatigue Syndrome and daily migraine headaches. As a result of the migraines I was

unable to concentrate or read for longer than ten minutes. I was unable to work. doctor prescribed My painkillers for the While headaches. these eased the pain the headaches persisted every day and I was sleeping most of the day because of the sedative effect of the pills. I was virtually living in a semiconscious state. For the CFS symptoms I was prescribed - megadoses of vitamins and minerals; homoeo-

pathic and naturopathic pills and remedies; acupuncture; detox programs; treatment for parasites, viruses, candida etc all of which did not supply me with energy but drained my existing energy for either absorption or detoxification. I realized I needed energy to facilitate any healing process, by whatever means.

#### CHIROPACTIC

At this point I began using the Air Energizer. I experienced relief instantaneously within twenty minutes of breathing in the clean, filtered air. My body slowly relaxed especially the area around my face neck and head and my headache eased. After 4 days of breathing in the air my headaches disappeared completely as well as the knots and spasms in my neck and shoulder area. it was wonderful to be able to move my head and turn my neck without pain. Previous to using the Air Energizer I was having chiropractic treatments over a period of several months to release tension and adjust my body. I have not needed to return to the chiroprator since using the machine.

W E L L B E I N G Over the next two weeks of use I experienced an exhilarating sense of wellbeing, calmness and clarity of mind. I felt motivated and for the first time in two years I had a <u>constant</u> supply of energy. Gone were the period of extreme exhaustion and the need to sleep several times a day to restore my energy. My physical body was slowly regaining its strength enabling me to perform tasks that would have previously fatigued me to a point where I felt weak, faint and unable to breathe.

As I write this testimonial eight weeks into the Air Energizer I can hardly remember what a headache feels like. I recommend the Air Energizer highly to anyone suffering from migraine or chronic fatigue in fact to anyone who wants to improve their health and wellbeing. From my own experience I now consider the Air Energizer essential to my health both as a healing tool and as a preventative to illness. I believe the Air Energizer has the potential to assist in the creation of health and relieve pain for many people who like me have tried every healing modality available today with little or no success.

It really works!!

I am willing to discuss my own experience with anyone who wishes to contact me. Judy Smith Ph 07 3266186

#### SMOKING

"Since using the machine, practically from day one, my breathing has improved fantastically -I breathe deeper and without any difficulty"

have always believed prevention is better than cure which is what drew my attention to your Machine. I have had your machine for 9 months now and at the time of purchasing your machine had no illnesses, etc., but i was a heavy smoker, 50-60 cigarettes a day. I started using your

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2001 and on 23 July 2001, I decided I did not want to smoke any more. I had previously tried to stop smoking 8 times, with the longest success being 3 months. I used Nicabate Patches for that 3 months, but always had cigarettes on my mind. This time I used the patches for 3 weeks only and I don't think about smoking.

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"My clients and I could not be more pleased with the results achieved." had cor ally with remarka suffer fin ing is us diabetic the mad my spec John Jo

# WHAT PEOPLE SAY: THE GEOMED AIR **ENERGIZER**

this machine to family and friends and all say the same: they feel healthier ... D. O'Brien Paradise Point, Qld.

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My concentration level and ability to apply

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As you are also aware I have had chemotherapy in the last few years which has depleted my energy levels, now that I am using the machine for 1-2 hours per day I am full of energy and vitality.

This is an unsolicited testimonial to share with your clientele. I recommend this machine to all of my friends even if they are not sick to enable them to obtain optimum health and have an excellent quality of life.

Frances Fisher, Coorparoo, Qld

#### VIRUSES

I want to thank you for introducing me to the GEOMED Activated Air Machine that has done wonders for my health.

Several weeks ago I was preparing to go to Sydney when the day before I was hit with a very high fever, extreme muscular aches and pains and a sore throat. The fever was so intense that I developed blisters on my lips and was bed-ridden. That evening I was put on the GEOMED.. on and off for most of the night. I was so delirious that I could not even walk. By early morning I felt the fever had lifted When I awoke I was still feeling very weak but I knew the virus was defeated. It was amazing

That evening I flew to Sydney for a very busy weekend of meetings from 7:00am till late at night for the two days straight. I do this trip every year and on my return I am usually so exhausted that I am out of circulation for at least 2-3 days. This time it was different. Apart from a runny nose all the symptoms of the virus had gone. I also had so much energy that it reminded me how I felt when I was twenty years younger. I believe this was due to the ionized oxygen and nitrogen my body had received.

#### ANAEMIA

I need to mention here that I suffer from a hereditary anaemia called Thalassemia Minor. People with this condition have small red blood cells and therefore a low haemoglobin count. As a result I tend to experience fatique much quicker than the average person does. I returned home and still felt the high energy level until Wednesday when I felt 'normal' again which, in comparison, was quite tired. I knew then that I had to buy my own GEOMED machine to ensure that I experience this wonderful energy on an ongoing basis.

I have now been using the GEOMED Activated Air for several weeks and have experienced several further health benefits. These are

- 200 No more sinus congestion
- 20 No more bleeding gums
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and most importantly, better quality of life. I just want to thank you and let you know that this has been one of the best investments I have ever made. **Tina Viney Qld** 

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Thank you Victor and thank you Active Air. I and many people will always be extremely grateful

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I have used the GEOMED Ionization unit in my practice for over two years and have had outstanding results with both chronic and acute conditions among my patients. Different conditions I have treated using the GEOMED.. have ranged from various forms of cancer through asthma and arthritis. In many cases an improvement can be found within the first treatment and long term improvement can be achieved after a period of treatment. In some cases I have treated people for the side effects of medication, particularly in cancer patients where the effects of chemotherapy can be very devastating. I have found the patients tend to have a quicker recovery rate and more effective response to their medication and treatment time in these cases can be reduced.

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Breathing Air Activation System has been in use in our fitness rooms. Our customers have had fantastic success with it and this has increased demand and interest in our new range of products. The system clearly has a positive effect on the user's sense of wellbing. It is obvious that the body's physical capacity is increased immediately by using the highly purified and ionized breathing air with therapeutic activation of oxygen and nitrogen. The regeneration periods after training are clearly reduced in members who use this machine. The positive effect on the immune system is reflected in lower susceptibility to infection amongst workers and sportspeople as well as in shorter recovery periods for infections and injuries. It's just great!!!

Michael Simon, Relax Fit and Fun

### Areas of documented health benefits from use of the GEOMED

Addictions Allergies and Hay Fever Arthritis, (Rheumatoid and Osteo) Asthma, Bronchitis and Emphysema Attention Deficit Burns Cardiovascular Disease Concentration Cancer Chronic Fatigue Syndrome Cough (Persistent) Crohn's Disease Decubital Gangrene Depression Diabetes type I and II Eczema Exhaustion Flu, Colds and Sinus Problems Haematoma Headaches Heart and Cardiovascular disease Migraine Neurodermatitis Oedemas Osteoporosis Pain (Backache, burns, injuries) Physical Fitness Podiatry Post-operation wound healing Psoriasis Rehabilitation after stroke Rheumatism Sinusitis Smoking Snoring Tinnitus Sleep Disorders Ulcerative Colitis

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All original testimonials detailed here are avialable for perusal at either ION LIFE or BIOBEDICINE offices.

# READY TO ORDER?

# ION LIFE make it easy.

As well as Australia's most comprehensive range of Ionizing Water Filters, ION LIFE also stock the GEOMED Air Energizer, the Clean Bath Shower chlorine filter, and the Samson Juicer.

If you've decided on an ionizer, talk to us about combining more of our products with your order to save money with generous discounts off list price.

#### The Clean Bath Chlorine Shower filter is a



necessity in every home. With a capacity of 520 hours of showers, and its reverse flushing cleaning feature, it is the very best we have come across.

#### The Samson Multi-Purpose Juice Extractor is



**pose Juice Extractor** is also available from ION LIFE. It's the quickest and easiest to clean, the simplest assembly and disassembly, and its low RPM gives the highest

extracts wheatgrass, and processes pasta.



Or its big brother, the **Samson ULTRA** with twin gears and 3-way Bio-Magnetic processing, the supreme low speed enzyme preserving juicer.

You may also like to purchase extra spare filters at the same time so you won't have to call **ION LIFE** to order when yours runs out.

Call ION LIFE or your distributor for more details.

CONTACT:

# Need To Know More?

If you need more information before you make your decision for 'live' water, here are some additional sources.

1. WHAT OUR COMPEITORS SAY ABOUT US A special report on the claims other 'energizing' water systems make about our products. You'll be amazed at the lengths they go to keep you away from lonized water!

2. WHAT OUR WATER CUSTOMERS SAY A summary of what our customers have had to say about their experiences with ionized water.

3. WHAT OUR AIR CUSTOMERS SAY A summary of what our GEOMED Air Energizer customers have had to say about their experiences with ionized air and the GEOMED.

#### 4. YOUTHING

A book by Harald Tietze on Ionized water \$15 post paid.

5. HEALTH For BODY MIND SPIRIT A 44 page guide to use of the GEOMED.

#### 6. pH AND CHLORINE TEST KIT

A simple kit to allow you to test the acidity of your body, the pH of your water and the chlorine in your water. Instructions included. \$10 post paid.

#### 6. HEALTH = ENERGY by Dr Liz Elliot

A wonderful book by an Australian GP who has taken on board all forms of valid alternative modaties and presents an encyclopaedic reference for healthy wholstic living. \$20 post paid.

Note that specification sheets, copies of this newsletter and more are easily downloadable from our website at <u>www.ionlife.info</u> - acclaimed as the most comprehensive resource on ionized water and air on the Net.

Debate continues over the many effects of ionized water and air. We welcome this as a healthy response to a relatively new science.

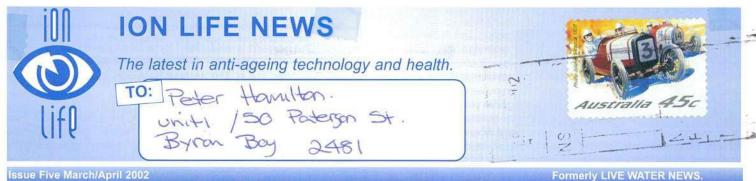
As with any therapy, response to water or air ionization will vary between individuals. If you are contemplating ionizing as a health choice, we recommend you contact your health professional.

Nothing in this newsletter is designed to be therapeutic advice in any form.

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Formerly LIVE WATER NEWS.

# **ISHA's STORY**

Two years ago I was diagnosed with Chronic Progressive MS (Multiple Sclerosis). The Neurologist I saw said there was no known cure, offered me a few words of advice, like don't stress yourself and said she would prescribe a drug for me that I would have for three days at the hospital that would help slow down the process. I could never accept such a pronouncement and I depleted all my savings with attempts at alternative treatments, such as Homeopathy, Acupuncture, Ayurveda,

Chiropractic and many supplements. I now realize I was depressed from that day. MS is a word, not a sentence, but for me the term "Chronic Progressive" certainly seemed like a life sentence.

I suffered a common problem of most people with MS and that is fatigue; not having the energy to do anything. I couldn't tolerate the hot summers; my internal organs began giving up on me, (I felt like an old person losing control) My walking got progressively worse and I began using a stick, my eyesight would bother me at times and the feeling of numbness in my left leg was there most of the time - in fact my left leg never really felt normal.

Today I am no longer depressed, I have lost the look of fatigue, my internal organs are working normally again. "Your mind seems sharper", is the comment from a close friend. This same friend says, I seem more willing to engage in things despite my body. My movement seems faster where at one time they were labored. (I still use a stick) My eyes are brighter, I look happier and smile more now and have excitement in my voice and I have a look of peace and wellness about me.

Drinking lonised water was to me like drinking silk. It felt so clean, and that transferred to my body. For two weeks friends brought it to me and I drank 4lt a day, keeping a bottle by my side all the time. With all the remarkable changes going on in me it was clear to me that I couldn't not drink this water. Nor could I deny it my 16 year old son ~ so I now have a Jupiter in my home.

Because ionized water flushes away acid waste, I experienced my own healing crises. I had a week of heaviness, lethargy and headaches, but now this too has passed and I feel great again. I an aware that waste must be flushed out and this has been my experience as the water does its work.

I am so grateful for lonised water; especially after all the modalities I have tried. These days I wake up alive again, and my son now drinks the water because he sees the effect it has on me.

Diane (Isha) Caruana.

isha@nnswquik.com.au

# **GOOD MORNING!**

...and "Bottoms Up!"

Welcome once again to "ION LIFE News", formerly Live Water News, now in its fifth incarnation!

It's now a full year since we began our own "Alkaline Odyssey" - our own journey from acid to alkaline inner body terrain. So it's a good time for a little reflection, to pass oh some lessons learned, and of course, for all the news of what's happening here

There are, by our own estimate, now a wave of thousands of Australians partaking daily of 'live' alkaline ionized micro-clustered water. Nothing, perhaps, when compared to the ten million Japanese consumers, or the million-plus Koreans and Americans, but still, we feel happy to have been a part of introducing this simple and profound method of changing the way people eat, live and even think to Australia.

Yes, we are indeed different people to the ones who took their first sip of lonized alkaline water last year ~ and we believe there is still far more benefits to come. While we and so many of our clients have experienced major breakthroughs in health, we have also learned that changing a body's pH also changes the way we act, the way we think, and consequently, our state of mind.

After all, aren't we all after the same thing? Peace of mind through abundant bodily health, through giving up the fear of future disease, and through the change of cellular responses as

our bodies are relieved of the daily battle against the acid tide of modern lifestyle and diet? Freedom from the tyranny of acid-based medical drug regimens, from the treatment of the symptom rather than the cause, and from a lifetime of waiting for cancer or some similar major disease to take us away?

#### What is Ionizing?

For our new readers, we need to explain ionization first. An ionic element is one charged electrically, so

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P10. Interview: Daniel Reid
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P17. Questions & Answers
P18. Harnessing the Life
Force
P19. The Proof is in the
Drinking
P20. Your Action Plan





charge, that enters the body with negative ion energy freely available to facilitate and support the chemical reactions our body needs to perform every moment. (The other output water is a mildly acidic form that is excellent on the skin, and as a general mild antiseptic.)

By donating these negatively charged electrons to the body in such vast quantity at an atomic level, Japanese scientists tell us that free radicals and putrefactive processes are either neutralized or minimized. Oxidation, the process that releases energy to the body, is accelerated and assisted, many drinkers feel new energy almost as soon as they drink this water, and our bodies soon let us know that they want this water before any other source.

At the same time as this energy is being released, the alkaline water is infiltrating our bodies at a microcellular level. Its new molecular shape means that it is far smaller than normal H2O, and so, according to Dr Hidemitsu Hayashi, pioneering ionized water scientist, it will penetrate cellular walls more easily. Once inside the cells, he says, it will dissolve the acid waste that our bodies have stored there. For this reason, many users will experience various forms of detoxification in the first month or two as the acid waste our body had stored away in fatty tissue is released and gently flushed away via the lymphatic system. You become more alkaline and that which is *not* alkaline - your accumulated acidity that forces you to be hyper-sensitive, or depressed, or any of the other symptoms we associate with acidosis, is no longer welcome in your home - your body.

There has been a tremendous amount of product development over the last ten years and today's water ionizers are very consumer-friendly. Every person has different acid levels and everyone has his or her own unique constitution. Therefore everyone will have a different pathway or rate of change in this process.

Here at home we have found that different family members choose different pH settings on our lonizing Water Filter as their body begins to respond. This is why all our lonizers have a range of pH settings accessible by the simple touch of a button. You need to be in control of the process and it is our experience that our bodies will tell us how we like it. Furthermore, if guests arrive you may want the ability to offer purified non-ionized water, and this is also available at the touch of a button.

will investigate it.

Anyone who reads health magazines will be aware of air ionizers. These devices have been around for well over a decade and most large public-area establishments now have commercial size ionizers installed, especially when it was found that they helped to improve air laden with cigarette smoke. Various manufacturers sell personal or car ionizers and make great claims about them. We have to admit to owning one and not finding any difference in daily life. Perhaps this was because we were

already on ionized water, but we have heard other people say the same. So when we heard of GEOMED, we were healthily sceptical - until we met Victor.

Victor Landseidel is 63 years old but when you meet him you are immediately impressed by his vitality and lifeforce. We met him in the departure lounge of Brisbane Airport only 30 minutes before our departure to India. It was convenient that we combine business with pleasure and so we had planned to meet with him to order one of his **GEOMED** ActivAir Energizers and then fly off without another thought about business. However after meeting Victor and seeing what he had, we made the snap decision to actually take one of his GEOMED lonizers to India with us. After all, air in Indian cities is equivalent to smoking 40 cigarettes a day, and we live in one of Australia's cleanest environments beside the ocean at Byron Bay!

Victor pulled out his GEOMED system. It was beautifully fitted inside a

er A o o v	POLLUTED AIR: Air in enclosed spaces, chemical plants, workshops, neavy traffic	20-200 neg ions/cc/sec	Causes illness, stress headaches
a I h (	<b>UNHEALTHY AIR:</b> nner city air, Offices Commercial industry	200-500 neg ions/cc/sec	Stress, asth- ma
(	EXISTING AIR: Country air, Suburbs	500-1000neg ions/cc/sec	Few ill effects but few positive
	GOOD AIR: Sea or Forest Mountain air	1,000-2,000 neg ions/cc/sec	Relaxing. Invigorating
	HEALTHY AIR: Medium to High Mountains	4000 neg ions/cc/sec	Health supportive
	GEOMED: Upper Health From:Environmental Studies Prof	5,000,000 neg ions/cc/sec	Improves immunity and health

Areas of documented health benefits from use of the GEOMED include:

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have no choice bu	t to acc	ept what	t the	devi	ce
gives you even wh	ien you	know it	is no	long	jer
enough. (For more	e Water	lonizer	detail	go	to
Page 12)					

#### NEW PRODUCT, SAME NEED:

A truly wonderful part of our contact with health professionals and practitioners all over Australia is that we are kept up to date with new health technology. So if we see a technology that fits in with our fundamental premise of self-healing, we



All testimonials in this newsletter are reprints or transcriptions of originals held by **GEOMED BIOMEDICINE** and may be viewed on request. They are not proof of healing capabilities of the GEOMED system but simply the experiences of users in their own words, and as such infer no healing guarantees. Before you begin ionized air you should always consult your local family Doctor.

detox programs; treatment for parasites, viruses, candida etc all of which did not supply me with energy but drained my existing energy for either absorption or detoxification. I realized I needed energy to facilitate any healing process, by whatever means.

#### CHIROPACTIC

At this point I began using the Air Energizer. I experienced relief instantaneously within twenty minutes of breathing in the clean, filtered air. My body slowly relaxed especially the area around my face neck and head and my headache eased. After 4 days of breathing in the air my headaches disappeared completely as well as the knots and spasms in my neck and shoulder area. it was wonderful to be able to move my head and turn my neck without pain. Previous to using the Air Energizer I was having chiropractic treatments over a period of several months to release tension and adjust my body. I have not needed to return to the chiroprator since using the machine. **WELLBEING** 

Over the next two weeks of use I experienced an exhilarating sense of wellbeing, calmness and clarity of mind. I felt motivated and for the first time in two years I had a <u>constant</u> supply of energy. Gone were the period of extreme exhaustion and the need to sleep several times a day to restore my energy. My physical body was slowly regaining its strength enabling me to perform tasks that would have previously fatigued me to a point where I felt weak, faint and unable to breathe.

As I write this testimonial eight weeks into the Air Energizer I can hardly remember what a headache feels like. I recommend the Air Energizer highly to anyone suffering from migraine or chronic fatigue in fact to anyone who wants to improve their health and wellbeing. From my own experience I now consider the Air Energizer essential to my health both as a healing tool and as a preventative to illness. I believe the Air Energizer has the potential to assist in the creation of health and relieve pain for many people who like me have tried every healing modality available today with little or no success.

It really works!!

I am willing to discuss my own experience with anyone who wishes to contact me.

Judy Smith Ph 07 3266186

#### SMOKING

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I started using your Machine in April 2001 and on 23 July 2001, I decided I did not want to smoke any more. I had previously tried to stop smoking 8 times, with the longest success being 3 months. I used Nicabate Patches for that 3 months, but always had cigarettes on my mind. This time I used the patches for 3 weeks only and I don't think about smoking.

I am not a doctor and do not fully understand how this machine gives you a feeling of Wellbeing as it does. I have recommended this machine to family and friends and all say the same: they feel healthier...

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Michael Simon, Relax Fit and Fun

#### CANCER

I am a fifty two year old cancer survivor. Having been diagnosed with breast cancer on my 50th birthday, I was horrified to learn that I also had multiple secondary tumours in my liver. Being told that my body was too compromised for surgery at the time, I immediately started Chemotherapy to reduce the tumours' size.

I thought I was protecting myself from disease by living a fairly moderate life; never smoked, ate lots of fresh produce and took supplements when I thought I needed them. The belief is that cancer was oestrogen triggered and I also believe possibly stress related. (medically this is not accepted) After twelve months of Chemo, six months on and six months off then another six months on, and using several different combinations of Chemo drugs, I was told at the last CT scan that there had been no change from the one taken previously five months earlier. "At least they haven't grown." said the doctor. True, but not a lot of consolation after all the effort.

My body was really rebelling by this stage. I don't think any one organ was working properly. I had lost 45% of my heart function with the first round of Chemo so I was very lethargic and not getting around very well at all. During my six months off Chemo I was also diagnosed with Scleroderma, Lupus and Raynaud's Syndrome, these causing a lot of joint pain, bone pain and bad oedema - all being previously put down to the side effects of Steriods and Chemo drugs.

By April 2001 I could barely get out of bed. The doctors weren't really having any answers - only that you have been quite ill for a fair while. I ended up having X-Rays done of my spine and they showed that my spinal vertebrae were just empty shells, that I was now suffering the dreaded Osteoporosis. This had only happened since February 2001 when my Oncologist ordered a CT scan of the spine to rule out cancer spreading to the bones, that was clear of the Osteoporosis or cancer.

It seemed to me that the final two infusions of Chemo may have done the damage combined with the Steriods. I now have five crush fractures of the spine. This certainly explained why I was unable to get out of bed unassisted.

It was a Chiropractor who ordered the X-Ray and picked up the Osteoporosis. He said my spine was too fragile for him to be able to help me. Apparently I was the first client he hadn't been able to help. I was most grateful for his honesty. Two months after completing the Chemo this time, feeling so bad, I did lots of reading and decided to seek the help of a Naturopath to see if he could put my body back into some sort of order so the body might be able to fight the cancer which remained lurking. I had read

that the Chemo will only control at best never cure, so the body being healthy would be the best defence and hopefully cure itself in time.

I had my cancer treatment through my local hospital. I couldn't fault the care and treatment given to me, everyone gave me the best attention available. For this I am most grateful - they kept me alive.

A new treatment (new to me anyway) that I started was breathing from an Activ Air Machine. It provides negatively ionised air to help heal the damage to the internal body when taken through a face mask. Simple enough - but the procedure would be best done every day to be fully effective. After having four half hour treatments with the Naturopath I could definitely notice some sort of improvement. For practicality I then decided to purchase my own ionised air machine to use at my convenience at home. I use the face mask twice a day for half an hour each time. I also purchased the optional full body bag; this I lie in for one hour each day. The change in my wellbeing is quite remarkable.

Improvements I have noticed after only four months;

- The puffiness from all over my body is almost gone.
- Where the skin on my ankle had split from oedema has healed. My skin looks a lot healthier.
- I now have a good thick coverage of hair on my head which was bald.
- 10 My heart is a lot stronger. I can get about without puffing.
- Joint pain has decreased.
- The blood seems to circulate better though the body.
- Internal organs must be working more efficiently as I feel a lot healthier.

With all these improvements I reckon I can say goodbye to the Scleroderma, the Lupus and the Raynauds syndrome..."Yipee!".

As for the cancer, going by my last blood test and the way I feel, I believe my body has gone to work on that too. As the Immune System repairs itself with the help of the Activ Air Machine, given time I will be fit and well.

Apparently by using this negatively ionized air it is similar to living in the high alps where the air is pure and clean. I am not a very technical person so I don't fully understand the mechanics behind this, all I can say is it is working for me and I am determined to keep using this system to remain in good health once I have achieved it fully, which won't be too far down the track the way things are going at the present time. "Hallelujah!"

As for the Osteoporosis, it is difficult to know how the bones are repairing. I am still suffering a bit of pain with that. As it was the latest condition to occur I can safely say it will be the last to repair so given time and effort I will have stronger bones again one day in the future. I will know more when I have another CT scan or X-Ray of the spine. That result will be a great Christmas present.

From my recent experience negatively ionized air is the way to go. Who knows, maybe this treatment might be available to us in hospitals where it would be of great use. I only wish I had known about it during my second round of Chemo. I wouldn't have suffered so badly from the side effects. The oedema was not a very pleasant side effect to endure.

This is a true and sincere account of my past two years situation.

Thank God for the public hospitals and great staff for their dedication to helping the sick, and to the alternative health carers who use their expertise to compliment traditional medicine. Bervl Hine



I've been using my Water Ionizer for a year now. I just don't drink any other water if I can help it. I can really taste the difference - it's either alive, or it's dead water, and my water is alive! I can feel the effects immediately. I feel very clear and sharp.

Now I'm working with ION LIFE it's wonderful because I'm helping people all over Australia - and the world - and there's nothing I want to do more than to be of service to people. Whoever gets lonized water or air is reaping the benefit of my advice and assistance, and that feels great.

I've been a Kinesiologist for the last 15 years and I've also studied Naturopathy and we have many other Kinesiologists and Naturopaths also using lonized water and recommending it.

When I test people for their body's natural preference in water, it's always positive for our water, be it liver or kidney disfunction, headaches... I isolate that body circuit and test it in a way that no other interference can come in. I also pre-test the patient's body to make sure it can't lie to me. Take headaches for example. We are dealing directly with the body through muscle testing about headaches and nothing else. Then we offer the body choices for healing and it gives us feedback on the exact substance or mineral it is in need of. The patient doesn't see what I am testing them for, so it is only their body that responds. This cuts out all the possible addictive tendencies or opinions about food or drink that they may superimpose on their body.

It's my belief after seeing so many patients that the reason their bodies

So how do we know whether we may be ion-deficient? Lack of Drive Headaches Sleep Disorders Stress Productivity Loss Infection susceptibility Suffocating Feeling at low levels Faster ageing of skin and body, more wrinkles. Progression of existing ill health conditions or new illness.



invariably choose lonized water is because of the hydration factor, and its ability to rid the body of toxic wastes and acidity, allowing regeneration to take place. Ionized water <u>always</u> tests positive. The body wants it. My whole family is on the water, I cook with it and we also use the astringent water for washing our faces and rinsing our dishes. It all gets used.

My daughter has always been a bright kid, but since last year she is excelling at school. She has after school tution at least six days a week, in music, horseriding, sport - and I can really see the difference in her mental alertness. I'm quite sure the extra hydration is helping her brain function.

My eczema, that covered 50% of my body for all of my life up until I found the water, is still completely

gone. It disappeared a month after I began drinking the water. I'm not taking any supplements any more. As a Kinesiologist and studying naturopathy, I was always a strong supplement believer, but now I find I don't need any of that. At IONLIFE I'm having people with many chronic health conditions calling me up. It's interesting to see that some of them are actually scared of healing. I can only say to them that in order to allow healing to occur you need to be totally certain that healing is what you really want. If there is a slight investment in being sick, any hanging on to that specialness that sickness gives you, you will remain sick. That's the power of your mind, and it's the power of your mind that will allow the healing to occur. I've learned a great deal since beginning with ION LIFE, but the one big one is that lonized people are happy people! ~ *Anna Heiskari* 

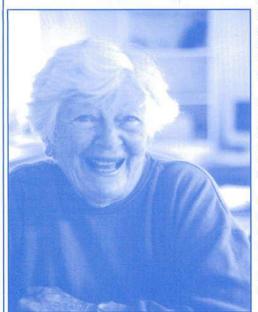
sturdy Samsonite travel case, complete with combination lock. It will work with fluctuating voltages, he explained, and it is sturdy enough to easily withstand the rigours of trans-India travel. (Oh, how I wonder if he knew what he was saying!)

So we took it. And after 14 hours in a stuffy aircraft, we arrived in Mumbai at 12:30 am. We slept in our un-airconditioned hotel room for another ten hours, and awoke to the most polluted environment I have ever experienced. There is no blue sky in Mumbai. There is only smog, generated from millions upon millions of diesel trucks and buses belching black clouds of gas, 2stroke autorickshaws, cooking fires and the accumulated end products of an estimated 24 million people. Take a walk down the street and blow your nose. It is black. Within a day we began to feel it in our lungs, so out came the GEOMED, we set the timer to the recommended 30 minutes, and we lay back to read our Lonely Planet Guidebook.

I won't bore you with the details. However I will say this; after 3 extremely physically harrowing weeks in India we returned healthy and strong. After a day in the streets, we returned, had our 'happy half hour', and slept soundly, arising clear and energized. Victor called the GEOMED "Air

# BARBARA BOND:

A Case of the Whatchamacallits"



#### I'm 80 years old, and began drinking Jupiter water 9 months ago.

At my age I have come to expect that getting up in the morning is a chore and that energy is not something I have a great deal of. I am also aware that my memory has been going frcm bad to worse. My kids call it my "Whatchmacallit" syndrome as my sentences slowly fill up with forgotten words.

Since I began lonized water, the changes have been profound. I walked from home to the beach, 2 kilometres along the beach, and up about 60 steps to a lookout. My kids were amazed, but I didn't even think about it. The energy was just there!

I have had a recurrent eye infection for a long time and it has cleared up. My inflamed gum, another long term problem, has also greatly improved, and my tinea underwent its own 'healing crisis" and appeared to dry out from underneath the skin. My memory, my kids tell me, is much, much better, and that's a wcnderful thing for me, having seen my sister succumb to Dementia. I am more aware of my food. I am aware of my choices and have stopped the 'hungry ghosts' ~ my need to nibble. I believe that the way the Jupiter reduces the molecule size of the water has helped my brain to re-hydrate. So many older people drink far too little.

I read about a doctor specialist in Geriatrics who healed his patients through getting them to drink water. That's true, but the water most of us drink, even filtered water, is nothing like as easy to drink as lonised water. I drink it and love to drink it. It restored my 'natural' thirst, and I only realized I had lost it when it came back. I think as a nation we are all dehydrated and all acidic overloaded. If this water was available through our taps this country would be a very different, healthier one than what it is today.

~Barbara Bond



Viagra" and we can happily report that in this most trying form of holiday accommodation, he was right!

The GEOMED ActivAir is far, far more than a 'feel good' device to make us get through the day with a smile on our dials.

In the health business we always look for real results in the form of testimonials from users. There are some products that seem wonderful but on checking their credentials we find that they all come from the manufacturer. There are others that have loads of overseas 'test reports'. Upon investigation we find the organisations that seemed to supply the test report don't even exist! So when Victor supplied us with a folder of tests, testimonials, scientific articles and more, all originals and all verifiable, we were not only impressed but relieved, for it is our belief that to offer unverifiable or even slightly erroneous information about healing products attracts a specially nasty type of karma.

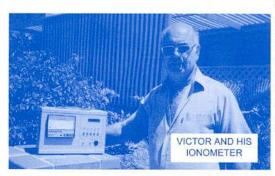
The chart at the beginning of this article shows only the diseases that Victor has data on, and all this data (research results, statistics, testimonials) are (or will be ) available on our website (www.ionlife.info)

But first let me tell you about how Victor became the maker of this incredible device.

Twelve years ago Victor was working on a scaffold at a building site. The scaffold was not properly rigged, and when he fell from it he sustained massive back injury. After trying everything that conventional medicine could offer, he was sent home in chronic and unbearable pain. Nine years of chiropractic, of alternative therapies, of painkillers that put him into a daily haze, and of intense depression followed. From being an active, successful working man, he was reduced to someone too afraid to even walk to the letterbox, for fear of pain and hallucinations from the drugs he was forced to take to relieve the agony.

His sister in Germany had followed his progress and sent him a package. "Just try it." she pleaded. It was an air energizer, made in Germany, and with it were some amazing reports by European doctors about its ability to treat chronic injury and pain. With nothing to lose, and nothing else he could try, Victor opened the parcel, read the instructions, and sat down immediately to try it out. The effect of that initial session was enough to convince him, dispirited as he was, that he should keep using it. He sat with the unit, breathing the ion-loaded air, for up to 5 hours a day. After weeks of slow improvement, he suddenly found himself falling asleep. He had absolutely no energy, and could only doze all day. He summoned enough energy to phone one of the doctors who had carried out studies on the device. "What is happening to me? This bloody thing is making me worse!" he said. The doctor listened carefully and laughed. "Don't worry." he replied. "Ring me in 2 days."

Victor, stunned by the doctor's amusement at his suffering, was at a loss to know what to do, so he did what he had been doing now for weeks. He went back to the machine, and kept on breathing. On the night of the second day he had very strange dreams. Something very unusual seemed to be going on, beyond his control, yet he slept on until morning. When he awoke he lifted himself up from the bed before he even



thought about the pain it should have brought him. Now upright, he suddenly realized what he had done. He had lifted himself up using his back and there was no

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# WHAT PEOPLE SAY: THE GEOMED AIR ENERGIZER

#### ASTHMA

"For approximately four months I have been using the air energiser from GEOMED. Since using the machine I have not had an asthma attack. My cancer is in remission I have a general overall feeling of well being and must attribute this to the air energizer machine. Jeanette McKay Ph: )7 33911634

WOUNDS

"I have been treating infectious wounds with a range of GEOMED air systems for over 3 years and have been surprised and delighted with the results ahieved.

A client had her breasts removed and the wound infected for 12 onths. After treatment external and by inhalation with the air system over a 2 month period the wound and infection had totally healed.

Another client of mine had had an operation on his leg 15 years ago and a germicidal ulcer that would not heal. After 3 months of treatment the wound has healed and there was no more pain. Medication was no longer needed. I successfully treated a woman who had a bad infection all over her face and antibiotics could not help. After 3 weeks of daily treatment the infection was II cleared up.

Some of the people with illnesses that I have helped range from common colds, asthma, blood pressure, fluid retention, etc. I have had success with many wounds, i.e. golden staph, decubital gangrene, septicaemia, pressure wounds, burns, injuries etc.

My clients and I could not be more pleased with the results achieved.

I highly recommend the GEOMED BIOMEDICINE Air Energizer and would be pleased to help and advise with treatments using these wonderful systems."

Huon King, (Health Centre, 0755243464)

#### ASTHMA

For over 20 years I have suffered mild **asthma**, with congestion and difficulty in breathing in the mornings - particularly during the cooler months. At times I have had to use a 'puffer'. Since using the machine, practically from day one, my breathing has improved fantastically - I breathe deeper and without any difficulty. My snoring has disappeared - so long as I use the machine every day (or the snoring returns)

PAIN

For many years I have (also) suffered **swollen and painful joints** in the hands, legs and feet. This has disappeared with the machine, and there is, for example, no swelling at all in my finger joints - I can again wear my wedding ring, which I have been unable to wear for years.

Arteriosclerosis has also been a major health problem for me, and thirteen years ago I had by-pass surgery performed on both legs, with severe aneurisms being removed. In more recent years - and until I bought the machine, my mobility was restricted, pain had returned to both legs, I had no mobility in my feet, and I was afraid that I would have to consider facing further surgery. However since using the machine, all pain has disappeared, I have considerable agility in my feet and legs, and I can feel the blood pulsing through my circulatory system. Already I truly feel that this machine has saved my life.

#### CANCER

I have also had a minor brush with **cancer** in that a small tumour was cut out of my hand and a pathological examination revealed that this was an active squamous carcinoma. The wound required several stitches, which were removed after seven days, and ten to twelve days after surgery, the wound had completely healed - virtually without trace. This is quite remarkable, particularly as I suffer from diabetes, and healing is usually much slower with diabetics. Again I give credit to the machine for assisting with my speedy recovery.

John Johnston Camp Hill Qld

#### **CHRONIC FATIGUE**

Two years ago I collapsed with Chronic Fatigue Syndrome and daily migraine headaches. As a result of the migraines I was unable to concentrate or read for longer than ten minutes. I was unable to work. My doctor prescribed painkillers for the headaches. While these eased the pain the headaches persisted every day and I was sleeping most of the day because of the sedative effect of the pills. I was virtually living in a semi-conscious state. For the CFS symptoms I was prescribed - megadoses of vitamins and minerals; homoeopathic and naturopathic pills and remedies; acupuncture;





Since that day Victor has had no back pain except a couple of occasions where he was, as he says, 'stupid' and lifted heavy weights with a twisted torso. Even then, he was healed within 2 days by being on his miraculous machine.

#### However, Victor now had a

major problem. He was an invalid pensioner with all the commitments of a working man. His sister suggested that as he had had such a wonderful experience with the German unit, he should consider selling them in Australia. With few choices, he took up the suggestion and was amazingly successful. The device had an output of nega-

tive ions at least comparable with other devices, but it was its unique method of delivery that made it so different and so effective. Rather than try to ionize dirty air, it filtered the air first through a HEPA grade filter. The air was as clean as science could get it. Then it was ionized and delivered through a hose attached to a face mask. The final stage of ionization took place right at the end of the hose - an inch from the nose and mouth. So users received clean air capable of supporting negative ions, plus ionized air that had been generated literally right 'in their face'. The results Victor collected from users were amazing, as the testimonials show.

#### His problems, however, were not yet over. Healthy

again and full of vigour, he was sent a fax. The factory had decided to drop the manufacture of the device, and could no longer even supply replacement filters. Most people would have sent a letter to their clients apologizing for inability to supply, but not Victor. He decided to make his own ActivAir system. With the help of an engineer, he began from ground zero to redesign a system based on the German model. He purchased an extremely expensive lonometer to measure what the German unit produced, so he could see whether his unit was comparable. One can only imagine this ex-construction worker's trepidation as the results printed out from the test of his first **GEOMED**.

The German unit, as the meter demonstrated, was far better than anything else on the market. It produced 5,005 negative ions/cc/second. A healthy human requires a minimum 2,000 negative ions/cc/second. But when he hooked up his own unit, he and the engineer looked at the chart in disbelief. It was producing 5,000,000 negative ions/cc/second! Not only that, unlike almost all other ionizers, it was producing no harmful ozone or positive ions. It was in a class of its own, and it had come about because Victor *refused* to let down his customers. Now they had their filters, but they - and the world - also had a brand new and totally improved machine!

So what is it that makes the **GEOMED ActivAir** so different to the common air ionizers we see advertised? It's in the unique delivery system. Ordinary ionizers basically create a field around them where air that is in that immediate area becomes ionized. The closer you get to the ionizer, the more ionization. However, in every case we have looked at, there is precious little ionization output anyway. Not only is the room air already dirty, there is no method of direct delivery into the body, so the effective ionization of a room will be low, as ions will immediately begin to donate themselves to dust, smoke, plastics, even carpet, directly after the creation process. The common ionizer simply creates a constantly decaying 'zone' around itself. Victor has solved this very real problem by the installation of the HEPA air filter and a small fan to deliver *absolutely* pure air.

The GEOMED is truly purpose built. Its delivery system is more like an oxygen delivery system. One uses a mask with attached hose, or simply

holds the hose close to one's mouth or nose. The hose has a gold plated ion acivating needle right at the outlet, which means that as well as the primarily ionizing process within the device itself, the air that is pumped through the hose is continually ionized up close to the mouth. One simply sits with mask attached or holds the hose close and receives the full benefit of direct supply of 5,000,000 negative ions/cc/second.

It doesn't stop there. All ionizers are *not* the same. As we mentioned, many 'home' ionizers actually emit very little ionizing field, or just as bad, also emit positive ions or ozone. Testing equipment is extremely expensive and so most makers know full well that as long as *some* ionization is happening, they haven't done anything wrong - technically at least. Given that most people will use the placebo effect to convince themselves that after spending all that money something good will happen, it will - or at least they will think it has! Yet the GEOMED outputs the amazing figure of 5 million ions/cc/second, no ozone and no positive ions, and clients receive a test results chart showing exact output with each unit.

Of course, if our world's air was as it was designed, all this would occur naturally. There would be so much less stress on the body to perform these extra ionization processes before air could be used for metabolism. So let's look at the quality of our air.

Victor took his lonization testing instruments to where we have been told 'good' ionized air occurs naturally. He also took it to our more normal urban environments. The figures shown below from a wider study are disturbing when we remember that the human body needs approximately 2,000 ions per cubic centimetre per second in the air we breathe, just to maintain long term health. Even outside his home, close to the sea, the lonometer registered only **150-275** negative ions/cc and up to 750 positive ions/cc; <u>one seventh of our required human minimum</u>. Is it any wonder we age?

The most impressive part of the many reports Victor gave us was the speed of recovery. An hour per day was all that most people used the GEOMED, and yet effects began to happen at such pace that Victor decided that he would give up trying to convince people of the unit's abilities. Rather, he would rent them a GEOMED and if they were happy with the results, the rental would come off the price. He has had a 98% success rate with this approach, and so we are going to do the same. If you believe that the GEOMED may be able to help you, there is only one way for us to prove it to you definitively, and that is for you to try it. If at any time during your rental period you choose to return it, then all you have lost is your rental. If you choose to invest in a GEOMED assisted healthy

#### The Reality of Ionized Air.

Like our wonderful Ionized water, Ionized air is negatively charged air. If you don't breathe in Ionized air, your body has to ionize it anyway in order for it to be chemically available for life processes including energy conversion.

#### Air consists of: 21% Oxygen 78% Nitrogen 1% residual molecules and inert gases.

**Ionized Oxygen** in the body is used to oxidize foodstuffs to allow energy release, to facilitate storage of energy as ATP, and it enables Erythrocytes in the blood to float more freely and allow the blood to flow more easily. Coagulation potential is minimized, and oxygen supply to tissue is improved.

**Ionized Nitrogen** in the body promotes blood supply to blood-starved areas through vasodilation which increases circulation. It also bonds molecules for many processes of waste discharge including uric acid, urea and ammonia.

Ionized air, therefore, (as oxygen and nitrogen) is, along with ionized alkaline water, the basis of biological life - the precursor and prerequisite to every metabolic body process.

It serves to transmit and pass on information in the body (cell potential (Na+, K+, Ca++, and Mg++ etc.) Synapses: Ca++, Mg++)

Ionized nitrogen also supplies intracellular energy:

1. In the respiratory chain (supply of storable energy in the form of phosphate compounds ATP, CP, NADP, NADPH etc.)

2. In the citric acid cycle (substrate transfer) e.g. lactate in pyruvate and vice versa.

Close to the sea, the lonometer registered only <u>150-275</u> negative ions/cc and up to 750 positive ions/cc; <u>one</u> <u>seventh of our</u> required human mini-<u>mum</u>. Is it any wonder we age?"



line.

Dan: He had his diet divided into acid and alkaline. You'd have alkaline yang and alkaline yin, then acid yang and acid yin. Throw the book out!

#### IL: Really?

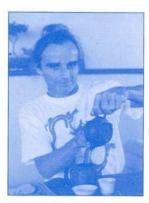
life, then all you have spend comes off the purchase price. (6 weeks min plus filter and freight)

We'd like to share an Indian experience with you. An old man saw us on the street in polluted Mumbai one night. He asked us where we were from and one thing led to another and he invited us to share a cup of spiced tea and an Indian sweet at the closest café. Shyam was a Professor of Law at Mumbai Unversity. He was retiring because he was in ill health and almost blind. Hs breath caught in his throat as he talked with us about life in India as an Academic. He received the princely sum of 6,000 Rp a month ~ approximately U\$248. He looked and acted like an eighty five year old, but when he told us his age, we could not believe it. Here was a man who should be admitted to a nursing home, still attempting to carry on a career. "How old are you, Shyam?" I asked. "How old?" he said and paused to think. He was repeating himself and we suspected Alzheimer's. "I am sixty years old."

If Australians buy enough of them, we'll go back to India and set up lonized air and water stations!

Interested? Call us on 1800-ANTIOX or 0266 856 471 for more details.

### **INTERVIEW:**



# DANIEL REID, AUTHOR, THE TAO OF HEALTH SEX AND LONGEVITY

Daniel Reid has been living the 'Alkaline Life' for at least seven years and studying longevity health for the last twenty. He is a highly respected author of self-help books that demonstrate techniques for health and longevity and yes, sex. This in an edited version of a larger interview

Dan had with Ian Hamilton of ION LIFE.

IL: Dan, I've been reading your book, The Tao of Health, Sex and Longevity. You had a lot to say about lonization a long time ago.

**Dan:** Actually, I first read about it in a book on Yogic Breathing. The book is called "*Pranayama*" But it went into it scientifically and explained how *Pranayama* works. It talked about negative ions as the element in science we use to describe '*Prana*' or '*Chi*'.

*Chi* means energy, but he explains the difference between air and energy. It's not chemical, and it's not oxygen. In Indian Yogic philosophy too, *Prana* is not air or oxygen. It is a vital energy considered to be carried in the air. So after a lot of research, the conclusion was reached that it was negative ions. I also researched the American Space Program where it was realized that even a mouse couldn't stay in space for more than twenty-four hours without going crazy. They figured out that the air, although the perfect blend of oxygen and nitrogen etc, had to be ionized. The link between traditional Asian breathing exercises - why you need to breathe a certain way, why you need certain kinds of air - and Western research on negative ions was obvious to me.

IL: So we are now capable of intake of negative ions in the form of air and water. Negative ionized air, and negative ion alkaline microclustered water. The Japanese have tried to achieve the same result through diet what we call macrobiotics, which Herman Aihara, the father of modern macrobiotics says is a dietary method of rendering our inner terrain alka-

**Dan:** Yes! There is something to it, but it's not practicable or applicable. You can't *use* it. I've *never* seen anybody successfully follow it. It's a theoretical construct. There are so few foods that can be properly combined if you get that fine about it. The one thing people keep questioning me about in the Tao book is food combining. They take it so seriously, even though I say several times that if you are about 75% you'll be OK. Your body can adjust. You are built to adjust to an imperfect world where imperfect food combinations occur all the time. People take it too too strictly; "I can't eat this with that, or that with this." And in the end they can't eat anything with anything! That's not how it is. Just be sensible. Don't have steak with four potatoes. But it's not going to hurt you to have some chopped meat with your noodles, or one prawn with your salad. He just went too far with his system.

IL: Have you seen Sapoty Brook's Food Chart system, where he eats only raw food and balances them based on the acid or alkaline residue it leaves in the body?

**Dan:** Yes, Sapoty gave me his chart, and I'm sure that theoretically it is right and it may be beneficial, but... I don't think it made much difference at that 'finer cut'.

*IL:* The only problem I have with raw food people is that they don't look healthy, and they seem to do nothing but eat. **Dan:** They need negative ions.

IL: What interested me though, was that Sapoty said he doesn't drink water because the fruit he eats offers him all the water he needs and releases it slowly into his system as the cellular walls of the fruit breaks down in digestion.

**Dan:** I don't think that's true. If that was true why don't you just drink beer.. or water? For hydrating, it has always been accepted that nothing works as well as plain water, with nothing else in it.

# *IL:* Yes, Kinesiologists say this too. They always ensure that the meridian system can 'talk' to them before a treatment by giving the patient water, and only water.

Dan, you wrote about ionization years ago so I suppose you would have had plenty of experience with air ionizers?

**Dan:** Sure. When I found out about it I got myself a negative ion Generator for my house, and I can't say that I noticed a difference, although I did notice the dust it precipitated all over the house!

#### IL: It precipitated the dust?

**Dan:** Yes! That's what negative ion generators were sold as. Air cleaners. The people who made them didn't even know what negative ion generators were for! They purify the air in your room. The negative ions they generate will latch onto anything; dust, carpet fibre, smoke... it will drop, so you will always find a film of dust over everything. You'll dust it away and there will be another film there tomorrow, because the negative ions are causing those dust particles normally floating free to plummet to earth all over your furniture! So I noticed it cleaned the air but I didn't notice anything like the effect I have had with my GEOMED ActivAir energizer. I just don't think the others puts out a strong enough density of negative ions to make much difference, but they're useful for cleaning the air, I suppose.

# *IL:* The actual lifespan of a negative ion is a couple of minutes, so if you don't ingest them in that time they are useless.

**Dan:** Yes, that's true. Another thing I like, and still have is a portable negative ion generator you wear around, and I always used it in air trips and found it very good because it was hanging right under your nose. But then I met an expert on EMF effect and he took a meter to our devices and found they were creating an aberrant EMF field right over my heart. So now we still carry them but we sit them away from our bodies. As long as they are within a meter from our bodies, they work, and I have found them more useful than room generators. They are ionizing my immediate

"If you want a comparison, I'd say your average Western stressed out businessman.. is actually worse off than an Indian."

space and I can definitely tell the difference. It makes a huge difference when I fly. It eliminates let lag, it protects you from the stale air, the microbes from other people's breathing.

IL:I recently returned from India and what shocked me was the fact that you could see people ageing due to pollution.

Dan: Free radical damage. Those obvious symptoms you see - the wrin-

kling, the hair falling out, the age spots... free radical damage. Lack of negative ions as antioxidants. Apart from the lack of oxygen in the air, you have the excrement, the unshielded EMF, the diesel fumes, the factory output - it's got to rank with the worst air on earth. Their food is terribly poisoned and you can imagine what their water supply is like. They are getting saturated with free radicals.

IL:So they don't even have the ability to ionize within their body the way a healthy human specimen does. But how would you compare them to us? We live in comparative cleanliness, but let's look at an Australian city dweller. You still have your stress your EMF, your environmental pollution, your supermarket diet...

Dan: I'd say it's six of one and half a dozen of the other. If you want a

#### 6. Insomnia **Dr.** Theodore 7 Baroody's ta 8 ACID TEST 9 **BEGINNING SYMPTOMS:** 1. Acne 2. Agitation 3. Muscular pain 4. Cold hands and feet 5. Dizziness S 6. Low energy 1 7. Joint pains that travel a 1 8. Food allergies 9. Chemical sensitivities or 1 odours, gas heat 1 2 10. Hyperactivity 2 11. Panic attacks 2 12. Pre-menstrual and menstrual 2 cramping 2 13. Pre-menstrual anxiety and 2 depression 2 14. Lack of sex drive 2 15. Bloating 16. Heartburn 2 17. Diarrhea A

- 18. Constipation
- 19. Hot urine.
- 20. Strong smelling urine
- 21. Mild headaches
- 22. Rapid panting breath
- 23. Rapid heartbeat
- 24. Irregular heartbeat
- 25. White coated tongue
- 26. Hard to get up
- 27. Excess Head mucus
- 28. Metallic taste in mouth

#### INTERMEDIATE SYMPTOMS:

- 1. Cold sore (Herpes I & II)
- 2. Depression
- 3. Loss of memory
- 4. Loss of concentration
- 5. Migraine headaches

2	Disturbance in smell, vision,
	te, hearing
	Asthma
	Bronchitis
0.	Hay Fever
1.	Ear Aches
2.	Hives
3.	Swelling
	Viral infections (cold, flu)
5.	Bacterial Infections (staph,
tre	ep)
6.	Fungal infections (candida
Ibi	icans, athlete's foot, vaginal)
7.	Impotence
8.	Urethritis
9.	Cystitis
	Urinary infection
	Gastritis
22.	Colitis
	Excessive falling hair
	Psoriasis
25.	Endemetriosis
26.	Stuttering
	Numbness and tingling
8.	Sinusitis
AD	VANCED SYMPTOMS:
	Crohn's disease

- 1. Crohn's disease
- 2. Schizophrenia
- 3. Learning Disabled
- 4. Hodgkin's Disease
- 5. Systemic Lupus
- Erythematosis
- 6. Multiple Sclerosis
- 7. Sarcoidosis
- 8. Rheumatoid arthritis
- 9. Myasthenia Gravis
- 10. Scleroderma
- 11. Leukaemia
- 12. Tuberculosis
- 13. All other forms of cancer



BEFORE

water was one of the few effortless parts of my cancer battle plan . Because of the unique properties of alkaline water it naturally flushes toxins and removes acidic waste while boosting my immune system. Since the

alkaline water dealt with toxins and waste, my body's resources were free to focus on rebuilding my health. Before, I was trying to alkalize my body with just food, juices and supplements . . . alkaline water 'turbocharged' my efforts. Drinking alkaline water is one of the fastest and easiest ways to achieve and maintain a healthy alkaline body pH. I also oxygenated my body while drinking alkaline water . . . the ionization process restructures water to carry more oxygen to my cells.

~ Dave Perkins. www.betterwayhealth.com

comparison, I'd say your average western stressed out businessman in a big city is actually worse off than an Indian. An Indian's body is certainly experiencing free radical damage, and he is looking a lot older than he is, and he does have problems from that, but overall an Indian has a spiritual life. They know what life is all about, they are grounded, they don't get stressed out like us, so they don't have their own body eating itself up. They don't have the auto-immune response problem that people have here. They don't have the adrenal glands burning out from constant cortisol and adrenaline, and the stress factors. I believe that damage is worse, because it is so toxic. When you don't use those stress hormones to go and club a sabre toothed tiger like our forebears would have, they break down into pure poison. How often do you get a stress response? Forty seven times a day? You're a taxi driver and you're frustrated with waiting in line, you're stressed because your boss is angry, and you know how we Westerners are - we're always "Aargh!" We spurt out stress, and it just burns us up, and the side effect of all of those problems is massive acidification. I should add that Westerners with their Coke and Big Mac habits are adding to their acidification, constantly having calcium leached out of their bones and teeth. They aren't re-alkalizing, they aren't using negative ion water or air.

Let me give you an example - the Osteoporosis problem in the West. There were studies carried out in India and in the West, on typicals 50year-old Indian women and Western women. The Western women had virtually no tensile strength left in their bones. But the Indian 50 year old women are still carrying 20 kg of water on their heads every day. Sure, they have the free radical damage, but they have calcium in their bones, they're not stressed out and their damage is only on that one level. It's having a direct effect on the physical body, but I think that their hormonal, their endocrine, their mental balance would be better than most Westerners.

IL:So the Westerner has the choice of listening to all the ads, and buying all the antioxidant products pushed by the pharmaceutical giants. But I still wonder about these antioxidant supplements, because it seems to me that they are still only capable of working at a molecular level, whereas ionized air and water works at an atomic level. It seems that nobody really tells you what you get when you buy antioxidants. I've had people telling me they spend \$150 to 200 a month on antioxidants, and really not knowing the effect.

Dan: The thing about all those supplements is that they have to pass through the digestive system, and most Westerner's digestive system is not very good, so there is that obstacle. If your stomach is hyper acidic or your small intestine is covered with slime and mucus, they are just going to be excreting their \$200 worth. So those supplements are fine for people in pretty good condition, but for the people who need them most, I think the absorption and utilization factor is pretty low. Vitamin E for example has all these good antioxidants, but they aren't eaten with all the necessary cofactors, you need a good digestive system, and your liver has to be in good working order in order to break it down and

transform it. Compare all that to breathing air, or drinking

To P.13

CANCER "Drinking ionized alkaline



lifQ

# Tailor Your Ionizer to Your Family Needs

With 3 models of Water Ionizer to choose from, you'll be assured of getting the right system for your family needs, your budget, your kitchen and your health needs.

**ION LIFE** directly import both the Jupiter Science systems from Korea and the Microwater Pure Porte from Japan. They all perform the same basic task of giving you purified, Ionized, oxygenated, alkaline, microclustered water on demand. They all have their own automatic cleaning methods, and they all have their own form of pre-ionizing water filter. We recommend you speak to us on 02 856 471 to get assistance in choice of the best one for you.



### THE JUPITER SCIENCE MASTERPIECE:

4 Levels of push button pH selection Auto clean on power-up Platinum coated Titanium electrodes Low pressure alert Hot water alert Filtered water only mode Bar graph filter usage indicator 4200 litre carbon-silver filter



## THE JUPITER SCIENCE MAVELLO:

5 Levels of push button pH selection Auto clean on power-up plus cosmetic cycle Platinum coated Titanium electrodes Low pressure alert Hot water alert Filtered water only mode Digital filter usage indicator Optional 0.01 micron silver activated filter capacity 6500 litres.



### THE TOYO MICROWATER PURE PORTE:

3 Levels of push button pH selection Programmed Auto clean system Platinum coated Titanium electrodes Low pressure alert Hot water alert Filtered water only mode Auto filter usage alert 0.06 micron silver activated filter capacity 12,000 litre capacity

All systems are usually in stock and can be delivered to your door per courier anywhere on the East Coast within 2 days, at an average cost of \$20. payment can be made by cheque, money order, or credit card. Special pensioner payment plans are also available.

All systems carry a 12 month parts and labour guarantee and service is available Australia wide. All units also carry a 30 day money back policy with the exception of the filter which once used must be replaced.



# WHAT PEOPLE SAY: ION LIFE WATER IONIZERS

"After purchasing our Jupiter Mavello five months ago I have been drinking 3 to 4 litres daily. We found the Bathurst water supply had a consistent pH reading of 7,

so we started off on the lower setting, drinking

alkaline water with a pH of 8. We then progressed to the higher settings and have been consuming pH9 ever since.

Prior to Jupiter I had aches and pains in my knees which I suspected to be ligament or cartilage damage after a long sporting life. This eventually dissipated and when I visited my Naturopath yesterday he confirmed, via his computer iridology scan, there was no longer any visual signs of uric acid in the body. It's great to be able to run up and down stairs again without hindrance. He also showed me the fibres in my eyes controlling my kidneys had improved, and these were more clearly defined, indicating better organ functioning. I advised him my candida had also improved and he confirmed this by showing me that the discolored spots (mucus) around my eyes had lightened since my previous scan.

My wife Rhonda had suffered from indigestion for many years before drinking the alkaline water. Her digestive system has improved and she is no longer dependent upon Bi-Carb Soda or Eno's for relief. She has also noticed improvement to her knees (also problems due to sport) and we have both lost about 5k in 5 months, mainly around our waistlines. We found a glass of water quickly suppressed the appetite and stopped us snacking on inappropriate food between meals. The antioxidant water has proved very addictive and it made us crave for more. Rhonda recently commented that we haven't had the dreaded hay fever this year (first time for 20 years), thus no drugs have been required for relief.

After recently completing a course of external chemotherapy (Efudix) to treat skin cancers, I found the healing process to repair the skin more rapid, after treating my internal system with the alkaline water (anti-oxidants), and my external body with the acid water (astringent). We have also been using the acid water on our garden and indoor plants. As the Bathurst climate is very extreme it is difficult to grow azaleas, but the acid water is doing the trick. Our indoor peace lilies have bloomed for the second time in six months, (an annual occurrence only prior to Jupiter watering). The acid water is also proving a good pesticide for the "vegie garden", eliminating the use of those nasty chemicals, which previously found their way into our bodies and did untold damage.

We say,God Bless those who help themselves to better health by being Water Wise

Bob & Rhonda Henry Bathurst, New South Wales.



# REPLACING MY REVERSE OSMOSIS

water purifier with a Jupiter MASTERPIECE lonizer four months ago has been one of the best investments in my health that I have made. I used to wake up with a puffy face which would take 2-3 hours to go away. I no longer have this problem. My eyes are clearer and brighter, my skin finer in texture, and I sleep soundly at

night, no longer waking up with insomnia. I now have the kind of energy which gets me through a very stressful job, in which I often do not have the time for a break, often working 9-10 hours straight. It is true that this water is not 'heavy' on the stomach; I'm able to drink without difficulty. Since changing my drinking water I have also lost about 3kg, and this being during a period where I actually reduced the amount of exercise I was doing! When I work out with weights, and drink up to a litre, my recovery is impressive - I no longer suffer the kinds of aches previously felt.

Macushla Boyle, St. Lucia

+) is the second second

from P10 water, which just goes straight in, so for people who need it the most, the water and air systems are infinitely superior. But people who really have good digestive

systems, are able to assimilate food, have balanced internal organs and can therefore use the supplements, don't need them!

#### IL: So they would be the one in a hundred, or one in five hundred..

Dan: We all have natural free radical damage from metabolism, but we also have natural ability to deal with it, with our super oxide dismutase, our peroxidates, the enzymes produced for that purpose. You don't need any supplements. You really shouldn't even need ionized air or water. The free radical damage that we can't deal with is caused by taking in chemicals, preservatives, pollutants and wrong food combinations causing putrefaction and fermentation in the gut. When you do that, your ability to use digestive supplements or antioxidants becomes very limited.

# *IL:* Some people say that it is wrong to use electricity to create ionized water.

**Dan:** So what would that mean to the ocean, to the lakes, to the reservoirs? I have heard that argument, but I don't see what they are saying. Are they saying that water shouldn't have electricity in it? Water is the finest conductor in the world! And these lonizers like mine control it exactly using an onboard computer. I think they are trying on the idea that technology is bad, just to make their point. Hey, I'm a Luddite, but I'm also high on technology, because we have to understand that electricity is one of the most basic parts of our universe!

There is nothing more 'natural' than electricity! You have only a few energies that run this planet; solar, gravity, electricity, so let's extend their argument to all these forms. Take sunlight. Does sunlight damage water? Why should electricity? Water and electricity have been interacting symbiotically for countless millions of years, in fact that's how life began, with a lightning strike into water carrying carbon substances, passing on energy and causing the very first life-sustaining reactions! Without electric input energizing water, water will remain inert. So the whole point of putting electricity into it is to give it life. Electricity is a life force. If you don't believe it, put a voltmeter to your body. It's what makes your nerves work! A chemical reaction creates an electrical impulse. It's totally compatible with blood, body fluids, water... I don't know what they think they are talking about. It isn't adding anything to the water. There is no chemical added. It's about the purest method of water treatment there is.

#### IL: What about this 'pure water" argument. Some people say electrolysis of water removes certain minerals. The only minerals it removes are the toxic ones, which are released into the byproduct acid water, so I can't see what they are complaining about.

**Dan:** My ionizer *does* purify the water. Pure water doesn't have chlorine in it. If you think of pure water as spring water coming out of some high mountain then think again. It's loaded with minerals! It has no acids, no fluoride. It's loaded with all the good things that come out of the earth. By the time we get it, though, it's already been ruined by processing.

IL: So, Dan, how long have you been drinking ionized water? Dan: Let's see. We got our Pure Porte unit in 1996. Six years.

#### IL: So how has it been for you?

Dan: I can *taste* the water. I can *tell* it's ionized because I know what water is supposed to taste like. When we first tasted it we really knew this was the real McCoy. I also never liked drinking water. I would drink tap water and be dehydrated as a result. I decided that's it, I don't like it, it makes me feel bad, but when I found this water, it just went right in. I had another glass, and it tasted good, and it was then I realized I had been drinking the wrong water. I've continued drinking it since then. Of course, it makes good tea, it's good for cooking, food tastes better.. and the micro clustering and all the other reasons to take it are there. I think one of the main reasons is because I am aware, now, having had it for a long time, of the importance of minerals and trace elements, and how difficult it is with ordinary H2O to assimilate them. Most mineral supplements do *zilch*. They only ones that work really well are colloidal minerals which are super-expensive. I'm using the Marine Minerals from

Bionatural in Melbourne, which is very good, and of course the lonized water.

#### IL: How old are you now? I'm 53.

**IL:** What would you say to our age group? We are all baby boomers and we are all looking down the gun barrel of ageing. We are ageing, and none of us have really looked at it.

Dan: I have! I've been looking right at it for the last 20 years.

# **IL:** But as a class we haven't, have we? I only heard today that kids are not mentally maturing properly because their parents never did - their baby boomer parents.

**Dan:** It's easy. Get natural! We started off as Hippies saying "Hey, be natural man!" Mister Natural, and in the end we've become the most unnatural of the entire generation groups, far more unnatural than our parents! We've become technophobes, but it's also the kind of stuff we do and take and use, and still we claim we're being 'natural'. Being natural has been reduced to wearing an eagle feather in your hair or something.

So let's get really elementary here. Food, water, air. That's it. We need to eat. We need to drink. We need to breathe. We need to assimilate more oxygen, we need to pump up our circulation, and also for all the energetic reasons, we need to drink ionized water because you can't get any more real water without going to the top of the Himalayas. So you use technology to create something that reproduces the natural order of things.

Breathing in a city is, frankly, suicidal. So get the GEOMED and deliver pure ionized air right to your lungs; once again using technology to reproduce that which we have destroyed. So it is with whole food. Like any animal, quality and longevity will depend on the right food, the right water and the right air.

#### IL: Many people say they can't afford to eat whole food.

**Dan:** That's nonsense. They can't afford to eat whole food the way they eat junk food. The reason they eat so much junk food is that there is no nutrition in it. So they keep eating, and eating, and eating, and the body isn't getting anything. They are fat, they are overweight. If you eat whole food, your body will be nutritionally satisfied. When you get a hunger signal, the body will tell you to eat - not based on how much is or isn't in your stomach, but when you have met your nutritional requirements. When they've been met a healthy body will turn off the hunger signal, so if you eat junk food you're just going to keep eating because your body is going to make you keep eating.

So it's not too expensive because you will eat less food, and digest it fully. Junk food digests totally differently. It functions more like a drug, You have to chew wholefood, it's more fibrous, you take longer to break it down, and you feel full, you feel satisfied and the true signal - not the one that disguises a call for more acidic food - but the real hunger signal, switches off. So you are eating about half the quantity. It's not double the expense, is it? I think their real argument is "I can't afford to eat whole food the way I eat junk food." They are just fooling themselves. They just want to keep eating the junk. They've gotten used to doing that, and they are lazy! Whole food has to be cooked! You've got to cook! You can't just go and stick it into the toaster! So many of our city generation don't even know how to turn the stove on anymore. They can push a button to make coffee. That's why they eat fast food on the run and they never get properly nourished. Rather than sitting down and relaxing quietly, getting off the stress cycle and allowing our digestive system to work. They're running down the street stuffing in a burger, your body does not digest, period! It sits there and ferments. My advice to these people is that they cannot afford not to eat whole foods. It's not a matter of money. On a polluted planet they can't afford not to be careful about what they eat.

**IL:** When I began ionized water my attitude towards food changed. As I became more alkaline I changed, and so it made me wonder whether being acidic is like being on an acid trip. Only when my body changed



#### could my mind see what it really needed.

Dan: It's certainly a state of mind. You are what you eat and you think what you eat. Your body functions on energy derived from whatever it is you put in there to burn. If you burn plastic, imagine what it would smell like compared with burning straw. If you poison your body it poisons the way you think and the way your mind works. I've also discovered that one of the symptoms of advanced toxicity is <u>apathy</u>. Just as constipation is a symptom of being filled up with garbage food, plus toxicity, skin eruptions and body odour, I believe apathy is an integral symptom of advanced toxicity. Somehow you get into this state where you don't care. "Yes, I'm dying. Yes, pass the Cola." And the only time these people care, the only time you can get them to think again, is to get them back into a healthy state. Then they literally wake up and say "Whew! That was a close call!" Otherwise - <u>they just won't do it</u>.

They need to see a good friend dying slowly, or they need to read a book like mine.

### **ONCE AGAIN.... A WATER PRIMER**

Every newsletter, we need to restate what ionized water is, because we have so many new readers. The distinctive electro-chemical properties of lonized water have been analysed by many laboratories worldwide. Laboratory tests confirm that ionized water has the following properties:

1. **Increased antioxidant activity** (lower oxidation-reduction potential) by increased active hydrogen properties;

Smaller water clusters to assist in absorption of nutrients and removal of toxins across the cell membrane

3. Physiological level of conductivity through balancing of intracellular/extracellul; ar body fluids

4.**Higher pH** (alkalinity) to continually neutralize ongoing acidic conditions produced by the human body.

5. High Oxygen content for immediate energy.

lonized water is produced using electrolysis to 'split' ordinary H2O into separate alkaline and acid water streams. This water technology was first developed in Russia, then in Japan in the early 50's and has been approved for medical therapeutics by the Ministry Of Health and Rehabilitation in January 1966.

#### A SHORT HISTORY OF WATER IONIZATION

One group of humans documented as having great longevity are the **Hunza**. Located in the Karakoram Mountains of Pakistan, many *'Hunzakuts'* are documented centenarians. For many years, anthropolgists have pondered the mystery of what enables them to live so long and what makes them so healthy. Some researchers believe that the Hunza's elixir for longevity may be derived from the water they drink. The mountain water that flows through their village comes from the surounding glaciers. The physical and chemical characteristics of this particular glacial run-off water are found to be unique by researchers. They found that the Hunza water has an extraordinary amount of active hydrogen (hydrogen atom with an extra electron) and high pH 9 (alkalinity). These active hydrogen atoms are powerful free radical scavengers.

In 1953, Professor Kemeny, Co-Vice Chancellor of Biomathematics at the Polytechnic Institute in Budapest, Hungary correlated specific properties of water and the internal environment of the body by the following three parameters:

1) Oxidation-reduction potential ( relative measurement of active hydrogen)

Conductivity, and
 Ph Levels

In 1959, a young French hydrologist, Dr. Louis Claude Vincent demonstrated various physical and electrochemical characteristics of wter that varied from region to region in France. A correlation was noticed between areas of higher disease incidence and these specific properties of the waters.

In an effort to recreate Hunza water, Japanese scientists investigated Russian technology. Russian scientists had produced the water using electrolysis technology to electrically split filtered water into alkaline and acid water streams. Japanese scientists took up where the Russians had left off, and Dr Hidemitsu Hayashi, Director of the Water Institute of Japan, proposed his "Water Regulation Theory", which states that the active hydrogen of reduced water "quenches" or neutralizes free radicals or reactive oxidative metabolites.

#### CELLULAR ABSORPTION AND DETOXIFICATION

The water we drink differs substantially from the water within our bodies that "bathes" the tissue and cells in the body (i.e., extracellular fluids) These extra-cellular fluids have a different surface tension (45 *dynes*). The body must *reduce* the surface tension of water we consume in order for vital nutrients to pass through the cell membrane so waste products can be excreted from the cell. It does this by the use of salts, but it is unable to 'reconfigure' water from basic H2O.

However the OH- alkaline water output from lonization has a smaller molecular cluster size because it has only one atom of oxygen and one of hydrogen. Cluster size is a relative indication of surface tension. Smaller water clusters have relatively less cohesion as a result of a fewer number of hydrogen bonds between the individual water molecules. The surface tension is decreased because the water clusters are fractionated. (H20 becomes OH- + HO)

lonized water's unique "micro clusters:" as measured by nuclear magnetic resonance (NMR) reveal that tap water (and well water) clusters consists of 10-13 water molecules. Ionized water has a reduced cluster sized of 5-8 water molecules per cluster, enhancing our abilities of absorption and detoxification of the cell's interior and extracellular fluid. Ionized water, therefore, is able to saturate the cell more rapidly and create a more thorough environment for detoxification to occur.

#### ANTIOXIDANT POWER

The scientific community tells us that active oxygen or 'free radicals' cause extensive oxidative damage to biological macro-molecules, which brings about a variety of diseases and aging.

The ideal scavenger for free radicals is active hydrogen. Active, negatively charged hydrogen is produced by the Jupiter Ionizer during the ionic separation of water. In this immediately accessible form it is a tremedously powerful antioxidant.

#### **HOW POWERFUL?**

Hayashi's research certainly demonstrates that reduced water does 'scavenge' active oxygen species and protect DNA from damage by oxygen radicals.

The lower molecular weight of hydrogen compared to other antioxidants also concentrates its reducing capability for a given amount of antioxidant. Each atom of any antioxidant donates *one and only one* electron to neutralize the chain of free radicals. So whether large or small, the end result of the antioxidant is to provide a singular available electron. The molecular weight of lonized water (i.e., 18 grams per mole) is one-tenth the molecular weight of Vitamin C (i.e., 176 grams per mole). Consequently in any given dose, there are literally millions more 'available' free radical 'busters'. "Small is powerful" because in this case, small = more.

#### **Negative Charge**

Oxidation-Reduction Potential (ORP) is a measurement of the potential for a substance, (in this case water), to create a chemical reaction. An ORP in the *negative* range indicates chemical reduction (i.e. the ability to generate additional chemical reactions). One big brand cola has an ORP of +138. A freshly squeezed orange from the supermarket is +138 (*although we tested an orange direct from the tree: minus - 50mv, turning positive in seconds as it oxidated in the open air!).* Melbourne tap water is +140. Ionized water (on setting one) at our tap is **minus** -140.

#### A WATER CURE-ALL? NO.

It's tempting to believe that the partaking of lonized water or air will heal everything from Tinea to Tinnitus, from Diabetes to Dyslexia.

It won't. I know, because I still have Tinnitus. (Users we know HAVE cured Tinea, and Victor has healed his Tinnitus!) However I'd like to discuss what we can and can't say about the healing properties of lonized water. (Some users may even have no observable effect, while others, as we show here, may have spectacular results.)

The Therapeutic Goods Act protects consumers from unfounded claims by health goods suppliers' and rightly so. Therefore, we will publish stories that we receive from Australian or OS users, and we will happily direct people to testimonials that users of ionized water have placed on the Net. But we accept no responsibility for any article you may read on other websites. Please spend time validating what we say in any way you can, and if any adverse symptoms persist do not hesitate to consult your family doctor. We want happy users without unattainable expectations. We understand and appreciate that long term effects such as

removal of plaque, reduction in blood pressure and cholesterol may take years to happen. Half a century of accretion isn't going to wash away overnight. We may be in for the long haul, but many users have some lovely healing surprises in the shorter term.

So.. we'll keep you posted. And if you have a story to tell **PLEASE** tell us because there are so many people out there who need this water, and cannot or will not use it because they still live in fear. It has been enlightening to see that some people, even when *given* lonized water, find reasons not to partake. We've found (sad but true)

that some people really do have an attachment to their ailment that has more importance for them than healing.



In the meantime, we'd love you to check our new website.

(www.ionlife.info) We've added a whole list of articles and testimonial detail that you can read and decide for yourself. Another great way for you to educate yourself is Harald Tietze's comprehensive book, "Youthing" which we will send to you for \$15 postpaid. If you feel you're not aware enough of the subject, of what ionization is and how it works, this is the book!

#### **AQUARIUS PEOPLE**

We now have a growing band of Ionized water drinkers in all States. Many of them have become 'Aquarians' because they have become water carriers. When they see someone they know to be suffering from acidosis or the myriad other complaints that stem in part from an acid life, they simply fill up a bottle, and give their water away. You'll read about our friend Isha in this newsletter. We delivered water to her daily for almost a month, and it was just so rewarding to see the health improvements she experienced. You'll also be in for little happy moments of gratitude for being able to help someone, when a visitor has a drink of water and rings up asking what it was they drank. Some (not all) people are so oxygen deficient that one glass blows their fatigue away for hours on end. Our friend Antoine Catereau of Mullumbimby described his first few days on Jupiter water as a 'spiritual experience'! As readers of our previous newsletters are aware, we have had amazing things happen with teenagers who drink lonized water. Local natural health therapist, Anna Heiskari (who now works for us) installed her Jupiter, and just like in our household, her 16-year-old loved it and began to drink it regularly. She told us that she had never realised that he had been depressed until she saw the positive change of his attitude and life after lonized water.

In our own case, our resident 16 year-old has changed dramatically in attitude. If you have a story about what happened with you, your kids, your relatives or your pets, PLEASE tell us so we can help more people!

By the way, GP's, Adam Osborne and Dr Annie Chappell have purchased water ionizers. Daniel Reid, acclaimed author of "The Tao of Health, Sex and Longevity", *(featured interview)* who has been drinking ionized water for six years and swears by it, purchased four water ionizers for his students, and a GEOMED for himself and his wife. Dr Adam says it's his source of energy for a gruelling weekly work routine. We also now have many alternative health professionals both using the water and recommending it

### AN ALKALINE DIET: IS IT EVEN POSSIBLE?

In a recent discussion with Dr Elizabeth Elliot, author of the book *Health=Energy*, I asked her whether she actually saw many patients who had achieved an alkaline diet. Her answer was quite revealing. She said that she did, but mostly they had changed due to radically unac-

> ceptable health conditions such as cancer or CFS. So it seems we won't change our diet until we are frightened half to death by a death-threatening condition. And now we are being presented with a simple possibility. You CAN change your body pH back to what it should be just by drinking water.

#### HOW TO: SALIVA pH TEST

We're repeating this item because so many people have asked for it.

Wait at least 2 hours after eating. Fill your mouth with saliva and then swallow it. Do this again to help ensure that the saliva is clean. Then the third time, put some

#### saliva onto pH paper.

The pH paper should turn blue. This indicates that your saliva is slightly alkaline at a healthy pH of 7.4. If it is not blue, compare the color with the chart that comes with the pH paper. If your saliva is acid (below pH of 7.0) wait two hours and repeat the test.

#### SALIVA PH AND CANCER

"When healthy, the pH of blood is 7.4, the pH of spinal fluid is 7.4, and the pH of saliva is 7.4. Thus the pH of saliva parallels the extra cellular fluid...pH test of saliva represents the most consistent and most definitive physical sign of the ionic calcium deficiency syndrome...The pH of the non-deficient and healthy person is in the 7.5 (dark blue) to 7.1 (blue) slightly alkaline range. The range from 6.5 (blue-green) which is weakly acidic to 4.5 (light yellow) which is strongly acidic represents states from mildly deficient to strongly deficient, respectively. Most children are dark blue, a pH of 7.5. Over half of adults are green-yellow, a pH of 6.5 or lower, reflecting the calcium deficiency of aging and lifestyle defects. Cancer patients are usually a bright yellow, a pH of 4.5, especially when terminal." *The Calcium Factor: The Scientific Secret of Health and Youth, by Robert R. Barefoot and Carl J. Reich, M.D* 

#### **USER WATER NEWS**

#### Tips from users that have helped us to help others. WATER QUALITY

One thing we've learned already is that water in Australia varies hugely, and the effects this variance has on lonization can be great. We spent an afternoon with Antoine Catereau on his organic farm. Antoine was

**TEENAGERS!** 

won't change our diet until we are frightened half to death by a deaththreatening condition."

"So it seems we



using rainwater off his roof and was not getting great negative charge. With us was Cliff Pound, local water researcher and whizkid, who also used his roof water and had marvellous results (*up to -600mv negative ion charge!*) After lots of experimenting we found that Antoine's tank was rendering the water seriously alkaline, whereas Cliff's was acid because he had loads of pine needles in it. We swapped Antoine over to his

beautiful creek water and up went the ORP. Since then we've also learned of more influences, like the ash from the sugar cane burnoffs in our area, that increase the pH but leave the water soft.

All of this means that we are aware that some areas are more conducive to lonization than others. So please let us know where you are when you inquire so we can check on your water suitability.

#### Minerals

It's important for your water to have dissolved minerals in it. 'Pure' water is dead water in ionization terms, and this is why our lonizers use a filter that allows beneficial minerals

to pass through into your alkaline water. These minerals 'hold' the charge' in the water and work for you instead of against you. People ask where the dissolved minerals end up. Through ionization, the alkaline ionic minerals (calcium, magnesium, iron, potassium, sodium and manganese) come out in your drinking water. The Acidic ionic minerals (sulphuric, carbonic, chlorine, flouride and nitric) separate out and end up in the acid water.

#### POUR RATE

We have also learned from users and from our own experience that the effect of slow pouring can be quite dramatic. If you pour fast, (*tap turned on full bore*) your water spends little time in proximity to the Titanium electrodes and so is not well ionized. What is a good rate of flow? Well, the system will tell you because if you go *too* slow it will 'beep' its low pressure alert, so optimum flow is just aove the 'beep'.

We also find that as it runs, it gets better and better. If you grab the very first water to flow after cleaning cycle, it won't be the best 'vintage'. Sure, it'll taste good, but it gets better and better as it flows, so we now take a 2 litre glass bottle, fill it slowly, and store it for drinking from during the day. Then we turn it off, saving power and machine life.

#### ACID WATER

User and now fellow worker Anna H has had wonderful results with her acid water. She makes her own 'brew', consisting of the acid water that comes out on setting 4. She heats it up and soaks a face towel in it, then Ah! lays the hot acid water towel over her face. We tried it and we do it every night now. It's awesome! And Anna? She looks five years younger.

#### FILTER LIFE

We need to remind everyone that your Jupiter filter life indicator is only that; *an indicator*. It isn't the final determinator of filter life. It's set to ensure that you don't over-use your filter and so it runs at a preset speed that protects manufacturers from being sued for advising you to use a filter for too long. To accurately predict when a filter has outlived its usefulness is impossible because it depends on factors beyond the manufacturer's control. On the Pure Porte, this is done automatically, with a flashing light when the filter needs changing

Remember that filter life depends on the hardness of the water and the amount of 'crud' in the water. Jupiter Science and Toyo have taken the safe approach of setting its filter life indicator to the shortest time in which a filter can run out. So when should you replace? After 9 months on the Jupiters, after 15 months on the Pure Porte. It's a good idea to write the date on the inside of the filter compartment to keep track of

your last change.

"..and if you are

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filter economy

rather than future

health - please buy

elsewhere."

Remember also that on your Jupiter you should have the little black 3way switch set to soft water option, (lowest position) where it runs more slowly. We don't want to sell you filters every time it hits '9999'. Again, the Pure Porte does all this automatically.

You may also have heard that backwashing systems are better than replaceable filters because they give longer life. Backwashing is a very old idea that keeps getting dragged out every few years. It has never caught on because backwashing systems have never been able to guarantee long term health protection. If you hear this old, old story,

> beware! And if you are choosing your system based on filter economy rather than future health - *please* buy elsewhere.

#### GETTING THE BEST OUT OF YOURS

We also did some measurements here at home that may assist you ineconomical and practical maximization of your lonizer.

We pour our lonized water out into a 2 litre glass container so we can drink our daily water all day without having to go to the machine. We measured the water consumed by the self-cleaning cycle we

perform beforehand, and we measured the acid water by-product of our 2 litres, and we actually used a total 3.9 litres. The Mavello Ultra filter is rated at 6500 litres, which means if 2 people both use 2 litres per day, the filter *should* last an astonishing 833 days. The Pure Porte is rated for 12,000 litres! Frankly, it won't last that long, because all company's 'ratings' are based on an average sort of usage, designed to show a filter in its best light. And you'll probably use more than 3.9 litres per person per day. We use our Jupiter water for cooking, for tea, for coffee, even for storing our Tofu in.

#### How Long?

Q:How Long does lonized Water stay lonized?

The Antioxidant (hydroxyl ions) will last approximately 18-24 hours. The Higher **pH** (alkaline properties) will last approximately 1-2 weeks. The **smaller molecule** cluster size will last approximately 1-3 months.

#### INSTALLING YOUR IONIZER

Getting your lonizer up and running is certainly not rocket science. It installs very like an ordinary water filter and the instructions given with the lonizer are more than adequate. Some people may require an extra adapter to fit their special faucets, but otherwise it's just a matter of attaching the hoses and clamps, and screwing on the diverter valve. Cassy installed ours. I stood back like a good house husband should. It doesn't install easily under the sink, but we have done it. We also have some installed in travelling vans, and one in a laboratory. So yes, we are qualified to help you over any humps you may find in getting to your first glass.

#### SUPERCHARGING WHEATGRASS

Aaron Bradshaw, one of our younger 'Aquarians' reports that adding ionized water to wheatgrass supercharges it. He measured the negative charge on the mix at and amazing -600mv, compared to ordinary wheat-grass juice which is neutral (zero).

We use it as a mouthwash to get to all those crevices a brush can't reach. One lady swears by it as a skin cleanser and softener. (a recent survey of 1100 schoolkids revealed 2 out of 3 had eczema due to alkaline soap use) Another uses it as an eyewash. Yet another keeps a spray bottle of it in the shower to finish off her hair. We also let it run into a bucket in our second sink and rinse our dishes in it after we soapclean them. I like the idea of a totally benign antibacterial rinse before they are racked to dry. I admit it; I have major problems with the hygeine of dishcloths!



A Question and answer sheet to give to your visitors and friends when they ask why you look so good.

#### What is lonized water?

lonized water is perhaps the most important development in water science in the last century.

It is the production of water similar in chemical and physical properties to the water our ancestors once shared direct from a free flowing spring or glacial stream. Through a simple process of electrolysis, the benchtop lonizer separates ordinary H2O into acid and alkaline water. (HO and OH-) It also separates the positive and negative minerals in the water, sending them out in the acid and alkaline water streams.

# What does the process actually do?

The electrolysis process breaks the molecular bonds of the H2O molecules into the forms HO and OH- This causes the output molecules to 'cluster' or group together in a smaller. simpler form. Our tap water has 12 molecules per 'cluster', and the output alkaline water has 5 to 6 molecules. In this format, the water, is 'wetter', it has a different surface tension, and it is actually lighter. You'll feel the effect very soon after beginning your lonized water regimen because the new water you drink infliltrates cell walls far more. efficiently and begins to dissolve and flush away waste products that have been inaccessible for all of your life.

How can water be an antioxidant? Any antioxidant has just one function; to cause a chemical reaction with free oxygen radicals, the excess, positively charged oxygen that cleans up waste, but also attacks healthy cells. This chemical reaction must neutralize the oxygen and as a result, create a benign result of that reaction. In the case of ionized water, it is very powerful because it carries millions upon millions of negatively charged molecules. A negative charge, or negative ORP (oxidation/reduction potential) is the measure of a substances ability to cause a chemical reaction. Ordinary water is usually positive (around +150

# IONIZING WATER FILTEF

to +250mv), but when it comes out of ionization, it is negatively charged (anywhere from 0 to -600mv) This abundance of negative ions is available and accessible to your body because of its micro-molecular size. Ionized water is not just another antioxidant. It is a very, very powerful one, operating not at the molecular level, but at the atomic level.

# How do I know the alkaline water isn't too strong?

There are up to 5 settings of ionization. We always begin on the lowest and allow our body to tell us what it likes, and we always advise that you should check with your GP before beginning.

# What about the minerals in the water?

The Ionizer first filters your tap water using an activated charcoal filter up to 0.01micron. The silver activation inhibits microbial activity, and the fine filtration protects against Giardia and other pathogens as well as suspended contaminants. However it does not filter out dissolved minerals, because in the Ionization chamber these minerals are separated into positive and negaive ions. The Alkaline ions including essential minerals calcium, magnesium, iron, potassium, sodium and manganese all remain in your alkaline drinking water, while acidic sulphuric, carbonic, nitric, chlorine and flouride are passed out in the acid water.

So it's a super duper water filter! No. It's not Reverse Osmosis, it's not a Distiller, and it's not a UV filter. It is a device for converting ordinary water, devoid of life force, into real 'living' water. Ask our customers and you will find that it does so much more than any filter.

#### What is the ideal pH?

Your blood's pH is +/-7.35. That's alkaline, and all of your body systems are subservient to the requirement for your blood to remain at that level. A fall in blood pH will cause coma and death,. and so much of your body's work each day is the maintenance of body pH. With your acid food and stress, this means massive amounts of energy are required to just keep you blood healthy. Given the difficulty we all have in eating an alkaline diet, the importance of alkaline

are 70% e acid pport an already is what uld drink;

and it ronows that a nigher pH will have a greater effect in neutralisation of body acid, but we also always say "Let the water do the work." because many of us are too impatient for a healing to occur and mistakenly believe that a higher pH is better. Always begin on setting one for minimal alkalinity and observe your reactions.

#### How can it detoxify me?

If you are an average Westerner, you have been accumulating acid waste since shortly after birth. These wastes are deposited all over our body in a 'seige' response by our system when it cannot manage elimination due to the overloading of our digestion or body through acid food and/or stress. Our body chooses to make 'toxic waste dumps' all over our body rather than risk the breakdown of vital eliminatory organs. Dr Theodore Baroody, author of Alkalize or Die has actually drawn up a table of diseases that he believes are precipitated by accumulated acid waste. (p11) University studies have concluded that an ideal pH water intake is between 8.5 and 9.5. (Ohkura National Hospital & Shiga university of Medical Science, Japan)

Why do some people experience energy boosts from drinking this water?

The secret is in the molecule. Normal water has two Hydrogen atoms and one Oxygen atom. Ionized water has one Hydrogen atom and one Oxygen atom. In the same glass of water, you are getting a massive increase in oxygen atoms over ordinary H2O. Many people today have limited ability to absorb oxygen from the atmosphere not only because of its inabiliuty but also because today the actual atmosphere has far less oxygen in it. We've tipped the balance through our massive environmental pollution so that we actually have to breath harder to get the same amount of oxygen we used to. Super-oxygenated lonized water delivers oxygen in a readily accessible form; water! What sort of effects might I experience?

Every individual is different. Some people have an immediate energy boost and less need for sleep. Some may experience joint pain reductions, and a general feeling of fluidity and peace. As the water does its work most people experience *some* form of temporary healing crisis in the form of itches, headaches, lethargy - all temporary, as your toxins are brought out of your cells and flushes towards your elimination organs.

Over a longer term, you may expect better, more stable energy levels, greater effect from supplements, better mental acuity and memory, smoother skin, and changes in long term afflictions. You may also find that you have a renewed taste for water, and a healthy thirst to take the place of your dehydration. Many people also report surprising results including childhood memories, insights, calm, reduced coffee, marijuana or alcohol addiction, changed dietary choices, less 'binge'-ing, and greater ability to 'flow' with stresses that would have debilitated us before.

#### What about the acid water? Isn't it a waste?

The acid water is mildly astringent and our users have reported many uses for it, including skin rash control, tinea, hair, eyewash, mouthwash, face wash, perinicea control, eczema, and more.

We also keep the acid water and rinse our dishes in it after washing because it is germicidal.

Should I drink it with meals? We don't recommend it either during or within an hour after meals. Let the stomach do its acidic work, and then drink your lonized water afterwards.

How much will it cost to run? Electrical costs are minimal; far less than most appliances. A new filter costs from \$85 to \$140 (Pure Porte) and should last 9 to 15 months respectively.

# ION LIFE

can be contacted on 1800-ANTIOX or 0266856471 or at www.ionlife.info Despite proven long term positive benefits, this information is provided as a recommendation only. Before embarking on ionized water, contact your family doctor.

### Reprint from:

# naturalhealth

# HARNESSING THE LIFEFORCE OF WATER

#### It's obvious...

that we need water filtration, they say. We can't live with the danger of poisoning from our kitchen tap. What is Tap Water?

Yet there are more and more people worldwide who believe we are already being poisoned by our kitchen tap, and not from harmful organisms. Dr. Theodore Baroody, author of the book 'Alkalize or Die", and an expert on the role of water in health, puts the case very clearly. "It is not advisable to drink city tap water. It is nauseating to see what can be precipitated out of an apparent clear glass of water. The chlorine in it breaks down to form chloroform. The fluoride used is an agricultural waster product. The aluminium, used to make water sparkle, has been linked by reputable researchers to many illnesses, including Alzheimer's. Acid water leaches copper and other substances from the pipes as it runs through them. The minerals found in almost all water today are not bio-available. This means that the body cannot utilize most of the dissolved colloidal minerals in drinking water, and so these become acid-forming tissue wastes."

#### 'Living Water'

What are we to do? Courtesy of the common water filter we have eliminated offensive organisms, smells and taste, but what of the water itself? We buy bottled spring water from cafes and supermarkets or have spring water delivered, and on the label it says 'bottled at source'. But like the water in the reservoir that is processed to look and smell good, is it the same 'live' spring water by the time it reaches our lips? What happens to that legendary 'aliveness' of real spring water as it is filtered, bottled, transported, stored and finally purchased? What does "Living Water" really mean, and how important is it to the way our bodies work? What was the 'secret ingredient' of the fabled longevity powers, for instance, of the much-touted 'Hunza Water', from high in the Himalayas of Pakistan? What was the special healing property of the 'holy springs' at Lourdes in France, at Tlacote, in Mexico, Nordenau in Germany, or Nadana in India?

#### 'Light' Water

In each case there has been one common factor: a vital clue to its health-giving abilities - its molecular weight. Scientists examining the water found that it was lighter than ordinary water by approximately 8%. It had a different molecular clustering that allowed it to penetrate the human body to a level that ordinary water could not; into the very cells that stored acid waste and toxins. This lighter weight also alerted scientists to another fact. The lighter weight was a sure indicator that this water was negatively charged. It was saturated with negative oxygen ions.

Of course, we need to filter our water supply. A good water filter in the home is increasingly being viewed as a necessity, but we still need the dissolved minerals water carries; calcium, magnesium, potassium and many, many other beneficial elements harvested naturally from the earth by rain and river.

#### **Ionized Water**

But it's not just the minerals that we have lost. It's this elusive life force. It's the way water once was and is no more, at least in water that has been processed the way we do to get it from spring or stream, via pipes and bottles, to tap or lip. We have successfully killed the life force, in the form of negatively charged water. Yet it's no real secret. 'Living water' is negatively charged water, or ionised water that has, through various natural processes, actually been alkalised and energized with negatively charged electrons. It may come from a glacier, as in the Hunza Valley, or it may come from deep within the earth, but its only fundamental scientifically provable difference is that it has been changed into a negatively charged form. The pure springs that bottled water suppliers harvest may indeed be negatively charged as they bubble from the ground, but by the time we drink it, it has turned positive; with no potential for healing.

Why, then, is negatively charged, alkaline water so important? Why was it able to heal at Lourdes and other holy spots?

Firstly, because its molecular structure allows it to be absorbed at levels impossible for positively charged water. It has greatly enhanced ability to get to body tissues and pass through tissue walls.

Secondly, it carries a load of negatively charged Hydroxyl ions that actively gravitate to free radicals and neutralize them. This is the process of ionisation, similar to what we experience when we are suddenly refreshed by ionized air after a lightning storm. It becomes 'anti-aging' water, neutralizing the free radicals that would normally attack and maim healthy cells, rendering them vulnerable to cancer.

Thirdly, because the process of ionisation also causes the water to become alkaline (without the addition of chemicals), it gently, at the most fundamental level, works to ease and dissolve acidosis - a condition that medical authorities say affects over 90% of Australians through incorrect diet or stress. Though meat and alcohol are the worst, even vegetarians are not immune, as bread, pasta and rice are all acid forming.

Fourthly, it provides what Dr. Heiditsu Hayashi, of the Water Institute Of Japan, calls an 'upstream' solution. "To eliminate pollutants in a large stream that is contaminated at its source," he says, "we must work upstream, at its headwaters - the source of the pollution - not downstream, where we can only try to treat the evidence of the damage caused" lonized water is an 'upstream solution', changing the physical form of the source of our water and therefore obviating 'downstream' remedies - expensive free radical supplements, alkaline diets or remedial gastric medication.

#### Do we want water without minerals?

lonization still makes available alkaline ion minerals that may be lost with highly efficient filter systems. Calcium, magnesium, Potassium and Sodium are vital in their role in maintaining alkaline balance. Finally, ionized water assists you to drink the water you know your body needs. First reactions to drinking it include "It's silky!" or "It just dissolved like it never hit my stomach!" This is because of its molecular clustering. It clusters in far smaller groups of molecules than normal water and so it never 'hits' the stomach and never bloats.

It cannot, therefore, really be compared in any way to remedial treatments. It is indeed changing what we are by offering the body energized, living, alkaline water as its fundamental element. Instead of 'dead' water, capable of nothing more than whetting thirst and giving transport to bodily elements, lonized water infuses the body with the water the Hunzas lived so long upon; living, healing, actively seeking free radicals, passing freely through toxic barriers we have developed over years of acid living.

#### Acidosis; The Slow Killer

The vicious cycle of acidosis that virtually all Australians suffer from to varying degrees, means that our whole system is stressed, precipitating ailments including dyspepsia, muscular pain, dizziness, low energy, allergies, bloating, heartburn, Diarrhoea, constipation, irregular heartbeat, mucus, depression, Herpes, Migraine, Insomnia, Asthma, Bronchitis, Ear aches, Viral, bacterial or fungal infections, Urethritis, Cystitis, Gastritis, Colitis, Psoriasis, Endometriosis, Sinusitis, Crohns Disease, and MS. One very satisfied user of ionized water in the US, David Perkins (www.betterwayhealth.com) even attributes his recovery from terminal cancer to daily ionized water intake.

Dr. Theodore Baroody calls it 'reconstructed' water, and has administered over 5000 gallons in about every health situation imaginable. "It is my opinion" he says, "that this technology will change the way in which all health care providers and the public approach their health in the coming years."

He is not the only one with this opinion. Japanese hospitals have been regularly prescribing and using ionised water for over thirty years. So why has it taken so long to get to the West? Perhaps because it cannot be packaged like bottled spring water, or like so many good ideas that never see the light of day, controlled through patenting. Ionised water does not remain ionised more than one day. It is best drunk at its point of creation, just like a real mountain spring, full of energy, 'alive', and so cannot be bottled or piped. Like everything truly 'alive', it does not thrive in 'captivity'.

Modern technology has succeeded in duplication of an ancient and almost lost natural process. Now small water ionising units are available that fit to your kitchen tap just like a water filter. As well as filtering the water, they convert it to ionised water immediately, with varying concentrations for drinking, coffee and tea, and cooking and boiling. Used with cut flowers, they last at least twice as long. Substituted for tap water, pets will seek it out and refuse to drink tap water. As well as Ionized water they also produce oxidating water, which can be used as an astringent toner, for acne treatment, for psoriasis, for disinfection and for household hygiene. The units are relatively simple; a water filter feeding into an ionising chamber, supported by solid state electronics to ensure correct water pressure. heat and balance.

Today we look back on past ages and wonder at the simplicity of life and the stoic nature of people back when it was possible to live without the stresses, pollution and toxicity of our new century. Yet it my experience, ionised water daily has changed not only my health but also the way I think. I am less stressed. I handle crisis that would have sent me reeling. I can drink my coffee and occasional lite beer and know that my ionized water will flush away the acid I could never process before. (In America, it is known as anti-hangover water). I am able to stop working and focus on loving life. And the only difference I have made is to become more alkaline through drinking 'living water'. Yes, I have had short term 'healing crisis' where I was aware that acid wastes had been unlocked and were flushing through my system, but these were no longer than a few hours in duration. I am, I believe, fundamentally different due to living water. Our resident sixteen year old loves the water, and miraculously, now leaps out of bed at 7 am instead of being dragged from it minutes before his school bus.

The Indians speak of *rajasic, tamasic* and *sattvic* personalities: fiery, sluggish and balanced. I am no longer fiery or subject to the terrible cycle of mood swings I once suffered, yet I am not sluggish. I wake earlier, do more and feel stronger. I am, I believe, 'sattvic' ~balanced.

Sat, in Sanskrit, means Truth. Perhaps at last we really have found the true water.





"I know you will love to hear that we are over the moon with our water ionizer. Our neighbour is as well with hers. She even told us today that her husband who NEVER drinks water is starting to have a few glasses a day. She said she is personally drinking around 4 litres a day.

Geoff and I seem to have a lot more energy and better mental clarity. We are now off all supplements which were costing us a lot of money and find the ionized water, sprouts and organic vegies are enough.

We gave a friend ionized water yesterday and didn't tell her what it was. She get sipping away and started to say how wonderful it tasted. She also kept saying how alive we looked and how bright our eyes were. I really feel we can thank the ionizer for most of that as well.

Our two year old grandson doesn't usually like to drink water. When I gave him the micro water he guzzled it all down and even started going into the kitchen asking for 'water'. I made the mistake of giving him ionized water last night before he went to bed. A sleepy boy was suddenly jumping out of his skin and he kept saying he was 'awake'. ~Tara Andre, Queensland



#### ARTHRITIS

Jil From Greensborough has been generally unwell for around eight years. Her arthritic symptoms caused tight, painful muscles all

over her body and limited her mobility and lifestyle.

In all this time, conventional medicine had not given her any significant relief. Jill had to explain pH acid/alkaline levels inb the body to her regular doctor who had little understanding of it. She tired of "bandaid treatments and more prescriptions".

After personal researching, Jill was motivated enough to reduce the severe acidic levels in her body her own way. She started drinking lonized water. primarily for its alkaline pH levels to flush out the acidic buildup in her body.

At first, Jill had mild headaches from drinking level one Jupiter water at the start of the detoxifying process. This soon passed as her body started reducing its acid levels. In just over a week, Jill had a noticeable difference with increased energy levels and much less muscle pain. In just under a month, she was almost pain free. Jill found herself catching up and doing things now that she couldn't do for years. She is doing heavy gardening and digging up small trees and shrubs herself.

Jill still observes her allergies and does not eat wheat, oats, strawberries, mushrooms, wine or tomatoes. Her husband and other relatives are now regular lonized water drinkers.



#### TRAINING

Drew Smith has been involved in the fitness and sports industry for 16 years. Qualified through VICFIT, he has been involved competitively and at a coaching level in various sports. EVOLU-TION is his personal training business in Elsternwick, Melbourne.

Drew can have over 100 client sessions a week as well as his business partner and other personal trainers operating out of this busy gym. His personal aim is to facilitate change to individuals in the areas of exercise, nutrition and general life balance.

Over the years, Drew has tried the usual hydration options for himself ~sports drinks, tap water, bottled water. Drew's experience is that lonized water is the most easily consumed water. He has gone from drinking 3-4 litres per day to six to seven litres of ionized water with its easy uptake making this increased hydration normal for his high level of physical and competitive activity.

Drew's encouragement of clients to drink enough water when exercising largely fell on deaf ears until now. Most clients said to him countless times "I can't drink water, I don't like the taste."

He recently allowed his client base to start drinking ionized water. They have since changed their position to comment that lonized water compared to other water is very easy on the palate and is smooth tasting. It is a light, clean, refreshing drink, like pure mountain water.

lonized water is now the drink of choice with Drew's family. They have had a noticeable lift in energy levels since drinking and cooking with it for the past few months and its gentle detoxifying effect has naturally improved going to the toilet for the whole family.

Drew's view is that good water is the underestimated but most important nutrient for both elite sports level and everyday use.

#### **ARTHRITIS** again



"I am an enthusiastic user of the Water ioniser filter for over 6 vears.

When I started to drink this delicious water it took about 4 weeks and all my arthritic pains in my thumb, wrists and knee disap-

peared to be never heard of since. It helps digestion and makes me feel clean inside out.

Recently when we needed a replacement filter, I got really cranky because I couldn't drink the water. Now it is back and I am happy again. Arthritic pains showed up and disappeared promptly again.

~Ama Kalda, Coorabell

#### MOOD SWINGS



Cliff Pound of Bangalow has been on lonized water for over nine months now. He says all his aches and pains have gone and here's the funny one ~ he no longer suffers from road rage.

#### QUALITY

"A well made machine. Getting excellent results." Rob Martin, Ravenshoe QLD

KIDS



"The kids raid our freezer for lonized water Iceblocks! They never even bothered with ordinary water ice." ~Anna Heiskari, Byron Bay

#### AGE AND THE DOG

"My fellow user Louise is 79. She's dropped ten years and all her depression. I feel great and so does the doa! ~Col Ryan, Woodstock

#### SKIN

"Eczema over half my body disappeared with the water." ~Bhadra Warrington

#### ASTRINGENT WATER

"Love my water! I even take it in a spray bottle to Karaoke!" Kathy Scholes, NSW (Kathy finds the astringent by-product water excellent for her eyes in smoky entertainment venues

where she sings.) "Great water! Love it!"

~Len Martin, Ravenshoe

#### ENERGY

"I felt more alive when I began on my lonized water." Jenny Dunn, SA

#### OXYGEN

"I know this water is oxygenated by the effect it has on me."

Mary Collis, Sydney

"I want to order another four! Alka-LIONIZE!" ~Daniel Reid, Mullumbimby

#### MIGRAINE



I haven't had one migraine since I began my daily lonized water, and I've cut five minutes off my daily swim time."

~Steve Ebsworth, Darwin.

#### STATE OF MIND

After a year on lonized water, I can say that my whole state of mind has changed. As I went alkaline, so did my way of thinking. I flow where I once fied, I let conflict go instead of jumping in. I sleep like a



top and I have been able to radically alter my diet for the better, all because daily drinking of microclustered alkaline water changed my basic constitution, my pH. I also on; ly realized last week that we haven't had a cold or flu in the family for over a year."

~lan Hamilton IONLIFE

Michel Chollet of Mullumbimby is 50+ but derives his energy from his Masterpiece water in his daily job of shovelling loads of compost at his worm farm.



"My eyesight improved within 2 weeks!" Graeme Kusabs,

Michael Troy, Naturopath of Brisbane has been using his Masterpiece for 3 years and reports vital health for the whole family.

Victor Bradshaw, water researcher, swears by his daily lonized water as he travels around Australia with it installed in his van. "It keeps me young!" He's been drinking it every day for over a year.

pH i	n	our	bod	ies

(pH 7 is neutral. pH 8 is 10 times more alkaline than pH7, pH 6 is 10 times more acid than pH7)

Acid
Stomach1.5
Wine 3.5 Beer 44
Beer
Cow's Milk6.5
Alkaline
Saliva
Blood
Sea Water
Pancreatic Juice
Soap9.1
Baking Soda12.0

# your action plan

# If you've read this newsletter all the way through you will be aware of two things;

1. You need to act *now* to halt your own process of ageing.

2. You now have the technology available.

The only question that remains is how to go about it, and we offer this article as a guide that will serve to help you make the most useful decision.

What is it that ionization is giving you in air or water?

In air it is giving negatively charged oxygen and nitrogen. In water it is giving negatively charged oxygen and hydrogen.

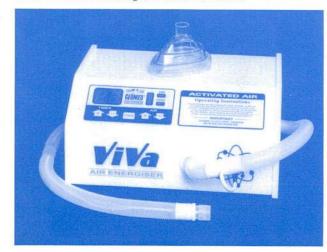
So with either an ION LIFE Water ionizer or a GEOMED Activ Air Energizer, you will get two out of three of these benefits.

**lonized oxygen** is immediately available to combine with stored hydrogen in the body. This unity is the basis of all chemical reactions in the body and the result will be increased energy, faster healing, cellular regeneration and detoxification.



**lonized Hydrogen** is the second part of the same formula. It also unites with oxygen free radicals as hydroxyl ions and turns them to water.

**lonized nitrogen** (78% of air) is the unsung hero of our breath. It serves to maintain the vascular and arterial system, to bond molecules for waste discharge, to transmit informa-



tion through the body and to maintain intracellular energy.

If you can afford it, it's obvious that you should order both. We use both daily and are extremely happy with the effect it has had upon us.

If you can't afford both, a decision can be made based on your personal health needs.

If you are in chronic state, you need all the help you can get. Because the GEOMED ActivAir Energizer can be used for unlimited periods, we recommend it over the Water ionizer. Even though the Water Ionizer works superbly, you can only drink so much water!

If you are in general good health and don't have the time to use the GEOMED daily, we recommend the Water Ionizer.

If you are on a limited budget, we recommend the Water Ionizer or, if you have the funds but are not convinced, you can rent the GEOMED for a minimum of six weeks.

We haven't mentioned food yet. As Daniel Reid pointed out in his interview, whole food is something we can't afford <u>not</u> to eat. We are therefore able to help you achieve all three vital points; live water, live air, and live food, we can offer the OSCAR Living Food Processor, the new GALAXY and the GREEN LIFE juicers at special package prices. This means that if you choose to buy more than one of either the Water Ionizer, the GEOMED ActivAir Energizer or the OSCAR juicer, we will tailor a price to offer you big savings.

The OSCAR, The GALAXY and the GREEN LIFE: are all low speed juicers, meaning that they extract the juice at low temperatures, preserving the enzymes. Not only do they juice, they mince, chop, grind and even make noodles. If you're going to have vegetable or fruit juice, it's crazy to lose their precious enzymes in the juicing process. And unlike its competitors, it has the ability to grind wheatgrass, that powerhouse of supplements.

We have our own OSCAR, and it's an indispensable part of our own longevity program.

So check with us for our best offer on all 3 systems. And if money is the roblem, remember we also have the **EZYPAY** payment systemwhich allows you to make perioic direct payments or to pay by credit card.

GEOMED ActivAir Energizer Tabletop Model



#### ORTE mzer RESULTS OF TEST ON JUPITER ER FILTER EOUL NIRONMENT TH YSIS ~ Copy Standard Result KMnO4 10 2.7 Lead 0.05 ND Flouride 1.5 ND Arsenic 0.05 ND Cyanide 0.01 ND Mercury 0.001 ND Selenium 0.01 ND Chromium (6+) 0.05 ND Cadmium 0.01 ND Phenol 0.005 ND Trihalomethanes 0.10 .009 Diazinon 0.02 ND Malathion 0.25 ND Parathion 0.06 ND Fenitrothion 0.04 ND Carbaryl 0.07 ND 1.1.1 Trichloroethane 0.1 ND Tetrachloroethylene 0.03 ND Dichloromethane 0.02 ND Benzene 0.01 ND Toluene 0.7 ND Ethyl Benzene 0.3 ND **Xylene** 0.5 ND 1,1 Dichloroethylene 0.03 ND Carbon Tetrachloride 0.002 ND

Result: Passed for standard of Drinking Water Quality

Jae-Young Shin, Director General

# **CONTACT DETAILS:**

ION LIFE 5/43 Belongil Cr Byron Bay NSW Australia 2481 Ph: 1800-ANTIOX or 02 66 856 471 email: info@ionlife.info website: ionlife.info

# EFFECTIVE TREATMENT FOR LONG TERM SUFFERERS OF:

- acne allergies arthritis rheumatoid & osteo
- asthma/bronchial asthma spondylitis
- · bronchitis/infectious diseases of the upper airways
- burns Crohn's disease chronic fatigue syndrome
- decubital gangrene depression diabetes
- eczema exhaustion persistent cough
- haematoma haemorrhoids
- · heart-circulatory diseases/disorders of the extremities
- hypertension/high blood pressure injuries
- migraine oedemas open wounds tinnitus
- · pain-backache/heavy legs/muscular cramps in the calf
- rheumatism sleeping disorders stomach ulcers
- smoking snoring stress ulcerative colitis
- ulcers of the leg/open leg wounds
- varicose veins (small)/varices
- · wound healing after operations

# RESULTS

- · Improved Healing, shortening recovery time
- Less Pain
- Less Medication Required
- Improved Immune System Function (cancer prevention)
- Improved Metabolism
- More Energy
- Mental Relaxation
- Better Concentration
- Detoxification
- Improved Blood Circulation
- Rejuvenating
- Better Skin
- Increased Sexual Activity
- In Children Increased Alertness and Learning Capacity

#### GREAT FOR TEETH AND GUMS, STOPS INFECTION AND BLEEDING, KILLS GERMS, REDUCES CAVITIES.



# HOW THE AIR ENERGISER WORKS

Air is directed through a HEPA (High Efficiency Particle Absorber) filter. This filter is used for two reasons:

- (a) To ensure that concentrates of airborne bacteria, viruses and mould spores are not inhaled into the patient's lungs.
- (b) To prevent dust or any particles from destroying negative ions, not allowing them to be used to charge oxygen and nitrogen.
- Air is ionised before it enters the fan.

The machine has a hose which delivers filtered air to the patient via a mask or a bag. The end of the hose has a second ionising device.

The hose output has been measured in excess of 5 million-negative ions per cubic centimetre, less than .02% of positive ions and no measurable ozone.

#### Measuring equipment used:

Ionomotor IM 5005 Umwellanalytik Holbach, Sperberweg 3 66687 Wadern, Germany Internet: http://www.umweltanalytik-holback.ole

# **BEAUTY CARE**

The Air Energiser is being used in the treatment and prevention of skin problems such as wrinkles and to improve facial muscle toning. The increased activation of the oxygen and nitrogen molecules means quicker regeneration of skin and supporting muscle tissue and quicker removal of the damaging by-products of cell metabolism which result in an aged looking facial skin. With the constant use of make-up and creams clogging the pores of our skin the activated air is able to hasten the repair of damaged tissue and improve elasticity and texture of the facial skin. The effects of the body and skin with regular use of

- the Air Energiser:
- · improved and healthier skin colour
- decreased inflammation associated with pimples acne – open wounds – ulceration
- increased hair growth and thickening of the hair due to improved blood supply to the hair follicles
- increased nail growth and strengthening of the nails
- decrease in oedema and heaviness of the legs
- reduction in wrinkles in the region of the face, neck and shoulders
- reduction in pregnancy stretch marks
- reduction in pregnancy chapping
- breakdown and lessening of cellulite (orange skin)
- smoother, more supple skin with fine pores
- optimal regeneration of scar tissue

### Remember healthy cells live 25% longer

# **SPORTS TRAINING**

The Air Energiser is particulary important in sport. An athlete depends on an optimal supply of nutrition and air to the body during competition. Adequate supplies of activated oxygen and nitrogen provide better performance during training and competition and improve recovery and regeneration of muscle tissue. It is important to achieve the quickest and most complete recovery following exertion and/or injury and this can be achieved with the use of the Air Energiser. The machine is now used in sports training centres in Europe and has been recommended by members of the international Olympic committee. The use of highly active air has for a long time proven its worth in high performance sport and is the healthiest way to high and constant performance efficiency and recovery.

• For Drug Free Sport • Energy level up average 60%.

# **TESTIMONIALS**

"I am Asthmatic and have Cancer. Asthma is gone and my cancer is in remission. I have a general overall feeling of wellbeing and must attribute this to the Air Energiser Machine." Jeanette Mckay, Kangaroo Pt Brisbane

"The research and the results for all disease, all pain and all cancers, as well as post operative care and cosmetic applications, were nothing short of astounding with the use of the Air Energiser."

Brian Morley & Friends Pty Ltd, Bethania Waters

"A client had her breasts removed and the wound infected for 12 months. After treatment external and by inhalation with the air system over a 2 month period the wound and infection had totally healed."

"Another client had had an operation on his leg 15 years ago and a germicidal ulcer that would not heal. After 3 months of treatments the wound had healed and there was no more pain. Medication was no longer needed." "I successfully treated a woman that had a bad infection all over her face and antibiotica could not help. After 3 weeks of daily treatment the infection was all cleared up." Huon King, Health Centre, Broadbeach

"For over twenty years I have suffered mild asthma. At times I have had to use a 'puffer'. Since using the machine, practically from day one, my breathing has improved fantastically. My snoring has disappeared." For many years I have suffered swollen and painful joints in the hands, legs and feet – Arthritis. This has disappeared with the machine, and there is no swelling at all in my finger joints. John Johnston, Camp Hill

"I was a heavy smoker, 50-60 cigarettes a day. I started using the Air Energiser in April 2001 and on 23 July 2001 I stopped smoking. I had previously tried to stop smoking 8 times." D.L. O'Brien, Paradise Point

"Two yars ago I collapsed with chronic fatigue syndrome and daily migraine headaches. After 4 days of breathing in the air of the Air Energiser my headaches disappeared completely. Two weeks later the periods of extreme exhaustion were gone." J. Smith, Nundah

"I was bedridden with high fever, extreme muscular aches and pains and a sore throat. After 4 hours of treatment all symptoms of the virus were gone, apart from the runny nose." Tina Viney, Robina "I am 61 years, fell and broke my hip and left wrist. Owing to the pain I found it difficult to sleep comfortably. Since using the machine I have enjoyed far better sleep at night." Barbara Johnston, Camp Hill

"I have Paget's Disease and suffer severe pain in my shoulder and neck and cranium and have difficulty in supporting my head. I found after using the machine the severe pain was reduced a great deal and I was able to turn my head from side to side and I am able to hold my head upright with no pain." Nancy Border, Wellington Point

"I was 50 years old, with breast cancer and tumors in the liver. 2 years of chemo-drugs and chemotherapy caused Scleroderma, Lupus, Raynauds, Syndrome and 5 crushed fractures in the spine. After using the Air Energiser for 4 months I already noticed remarkable improvements: Now puffiness and oedema has gone, I have less pain, a strong heartbeat, feel healthier, have healthy looking skin and my head has now a thick cover of hair."

Beryl Hine, Brisbane

Photocopy of original testimonials obtainable through representative.

### IMPORTANT

- To sustain health, air must have at least 2000 negative ions per cm<sup>3</sup> (21% Oxygen, 78% Nitrogen, 1% inert gases). Australian air has 200-1000 negative ions.
- Lack of clean negative charged air contributes to sickness and disease.
- There are no side effects and excess air which the cell doesn't need will be exhaled.
- Whatever the illness the Air Energiser will be of great benefit which is expressed in grateful testimonials from happy customers.

 Despite proven long-term benefits, this information is provided as a recommendation only.

IT IS ESSENTIAL THAT IF SYMPTOMS PERSIST AND FOR CONTROL OF MEDICATION THAT YOU SEEK THE ADVICE OF A MEDICAL PRACTITIONER.

# Geomed<sup>®</sup> Biomedicine

# **ENERGISED AIR** Health for Body, Mind and Spirit



*Relax – Revive – Rejuvenate* Contact: Jon Li 02 66 856471